



**To: Members of the Furness Locality Board**

# Agenda

Dear Member

## **FURNESS LOCALITY BOARD**

A meeting of the Furness Locality Board will be held as follows:

**Date: Tuesday 19 March 2024**  
**Time: 6.00 pm**  
**Place: Drawing Room - Barrow Town Hall**

**Linda Jones**  
**Chief Legal and Monitoring Officer**  
**Westmorland and Furness Council**

**Enquiries and requests for supporting papers to: Katie Pepper**  
**Direct Line: 01229 876314**  
**Email: [Katie.Pepper@westmorlandandfurness.gov.uk](mailto:Katie.Pepper@westmorlandandfurness.gov.uk)**

## **MEMBERSHIP**

Cllr T Assouad	Cllr K Hamilton
Cllr T Biggins	Cllr A Husband
Cllr D Brook (Vice-Chair)	Cllr B McEwan
Cllr A Burns	Cllr B Morgan
Cllr T Callister (Chair)	Cllr J Murphy
Cllr D Cassidy	Cllr N Phillips
Cllr F Cassidy	Cllr B Shirley
Cllr A Coles	Cllr D Taylor
Cllr D Edwards	Cllr R Worthington
Cllr L Hall	

## **ACCESS TO INFORMATION**

### Agenda and Reports

Copies of the agenda and Part I reports are available for members of the public to inspect prior to the meeting. Copies will also be available at the meeting.

The agenda and Part I reports are also available on the Westmorland and Furness website

<https://westmorlandandfurness.moderngov.co.uk/ieListMeetings.aspx?Committeed=775>

# **A G E N D A**

## **1. APOLOGIES FOR ABSENCE**

To receive any apologies for absence.

## **2. DECLARATIONS OF INTEREST/DISPENSATIONS**

To receive declarations of interest by members of any interests on respect of items on this agenda, and to consider any dispensations.

Members may however, also decide, in the interests of clarity and transparency, to declare at this point in the meeting, any such disclosable pecuniary interests which they have already declared in the Register, as well as any other registerable or other interests.

## **3. EXCLUSION OF PRESS AND PUBLIC**

To consider whether the press and public should be excluded from the meeting during consideration of any item on the agenda.

## **4. MINUTES OF THE PREVIOUS MEETING**

To consider the minutes of the previous meeting held on 10th January, 2024 (copy enclosed).

(Pages 5 - 14)

## **5. PUBLIC PARTICIPATION**

To receive any questions or statement which have been received from members of the public and to receive any petitions.

*(note questions or statement must be received in writing (including email) by the Council at least 3 clear working days before the day of the meeting (not including the day of the meeting). So, for example, if the meeting is on Tuesday requests must be received by 11.59 pm on the previous Wednesday by the person named on the front of the agenda. Petitions must have been presented to the Monitoring Officer 9 working days before the date of this meeting to be valid).*

## **6. URGENT ITEMS**

To consider any urgent items of business.

## **7. SAFE AND STRONG COMMUNITIES**

To receive a report from the Senior Manager - Safe & Strong Communities.

(Pages 15 - 90)

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## **WESTMORLAND AND FURNESS COUNCIL FURNESS LOCALITY BOARD**

Minutes of a Meeting of the **Furness Locality Board** held on Wednesday, 10 January 2024 at 6.00 pm at Drawing Room, Barrow Town Hall, Barrow in Furness

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### **PRESENT:**

Cllr T Biggins  
Cllr D Brook (Vice-Chair)  
Cllr A Burns  
Cllr T Callister (Chair)  
Cllr D Cassidy  
Cllr F Cassidy  
Cllr A Coles  
Cllr D Edwards  
Cllr L Hall  
Cllr K Hamilton  
Cllr A Husband  
Cllr B McEwan  
Cllr B Morgan  
Cllr N Phillips  
Cllr B Shirley  
Cllr D Taylor  
Cllr R Worthington

### **Officers in attendance:**

Alison Meadows (Senior Manager - Safe & Strong Communities)  
Emma Haughin (Senior Lawyer)  
Katie Pepper (Democratic and Electoral Services Officer)

### **Also in attendance:**

Mike Cummings (Cumbria Association of Local Councils)

## **PART I ITEMS CONSIDERED IN THE PRESENCE OF THE PUBLIC AND PRESS**

### **35. APOLOGIES FOR ABSENCE**

Apologies for absence had been received from Councillors Assouad and Murphy.

### **36. DECLARATIONS OF INTEREST/DISPENSATIONS**

Councillor Edwards declared an interest in Agenda item 7 as he was employed by Inspira.

Councillor D Cassidy declared an interest in Agenda item 7 as he was employed by Cumbria CVS.

### **37. EXCLUSION OF PRESS AND PUBLIC**

That the press and public not be excluded during the consideration of any items on the agenda.

### **38. MINUTES OF THE PREVIOUS MEETING**

The minutes of the meeting held on 28<sup>th</sup> November, 2023 were agreed as a correct record.

### **39. PUBLIC PARTICIPATION**

Mr Stephen Grisdale attended the meeting and raised the following question to the committee –

Recognising the residents desire for improved speed controls in and around the Newbarns ward and their submission of their comprehensive 20mph zones request how do they move this forward at pace given the potential catastrophic consequences if they procrastinated further?

The committee discussed the question.

It was raised that a letter should be written to the Cabinet Member for Highways and Assets regarding these issues.

Councillor Callister provided the following response to Mr Grisdale –

Westmorland and Furness Council adopted a 20mph speed limit policy in September 2023. We are currently receiving applications for 20mph speed limit schemes through Town and Parish Councils. An application has been received from Barrow Town Council in respect of Newbarns Ward Barrow-in-Furness.

Westmorland and Furness Council are currently working through a prioritisation matrix to score the applications enabling a prioritised list to be presented back to Locality Boards in April 2024. This will enable the first phase of schemes to be agreed and progressed. Subsequent phases will follow as it is anticipated that not all applications will be able to be progressed as part of the first phase.

Following prioritisation there will follow a process of design and consultation with the local community before a Traffic regulation Order (TRO) legal process will be undertaken for the proposed 20mph speed limit scheme. It is necessary to follow to correct process, which is a statutory one to ensure that a legal and enforceable speed limit is put into place.

We thank you for your attendance today and presentation of support for 20mph speed limit in Newbarns Ward.

#### **40. URGENT ITEMS**

Councillor Shirley raised his concerns that the Council Meeting Scheduled for 18<sup>th</sup> January, 2024 had been cancelled and requested the Chair to write a letter to the Leader of the Council raising this issue.

Councillor Hamilton raised the issue of the reception desk at Barrow Town Hall and that they had agreed that one would be set up.

Alison Meadows informed the board that this was currently in the system and the Locality Board would be consulted again regarding this.

RESOLVED: Councillor Callister to write to the Leader of the Council raising the Boards concerns over the cancellation of the Council meeting on 18<sup>th</sup> January, 2024.

#### **41. SAFE AND STRONG COMMUNITIES**

The Senior Manager - Safe & Strong Communities presented the Safe & Strong Communities report to the Board.

She stated that the report brought together information from across Thriving Communities. The report included updates from thematic workstreams, in line with priorities, highlight issues, actions and risks and provided an update on the devolved budget positions.

The Furness Locality Board Draft Plan had been attached as an appendix to the report and set out its priorities based on local issues and opportunities while supporting Westmorland and Furness Council's vision, priorities and values. The Locality Board Plan priorities would be reviewed annually to ensure they reflected community need.

##### Thematic Working Groups

Since the Locality Board report on 18<sup>th</sup> October 2023 all four thematic working groups had now held two meetings. The thematic working groups included Furness Locality Board Members who had been elected to sit on the working groups and key external partners who could provide the technical expertise as required.

The priorities for Furness Locality Board were:

Health & Wellbeing – supporting everyone to start well, live well and age well.

Poverty Proofing – supporting their disadvantaged communities to access and increase opportunities.

At the meeting of 6<sup>th</sup> June 2023, Cabinet agreed to delegate a further one-off funding. This comprised £230,400 for Sustainable Travel and Transport Fund,

£100,000 for Strong and Connected Communities Programme, £80,800 Household Support Fund for the Furness Locality Board.

Cabinet at its meeting on 12th September 2023 approved the community grants scheme and criteria. The community grants were to support constituted non-profit making organisations to apply for grants up to £5,000 that benefitted the local area and met local priorities.

### Community Thematic Working Groups

The working group had developed an action plan to look at delivering on priorities that were emerging. These were:

- Website and staffing to support the Know Your Neighbourhood Project.
- Anti-social behaviour in town centre and considering funding request from 11-19 Universal Funding for Furness Youth Work Partnership.
- Mapping of ward assets.
- Update on Team Barrow.

Furness Locality Board at its meeting on 18<sup>th</sup> October 2023 agreed that community grants budget, 0-19s budget, 11-19s budget and DWP Household Support Fund would be considered through the Community Thematic Working Group.

Grants up to £5,000 were delegated to the Senior Manager, Safe and Strong Communities, with the agreement of the Chair and Vice Chair of Furness Locality Board and relevant ward member(s). Any approvals for amounts above £5,000 would be brought as a recommendation to the Furness Locality Board for a decision.

The Community Thematic Working Group had held meetings in October 2023 and December 2023 to recommend and agree grants from its Community Grants, 0-19s, 11-19s and DWP Household Support Fund.

The following grants were agreed from Community Grants under delegated authority.

Armed Forces and Breakfast Club £500

Cumbria CVS Inspiring Barrow Programme £4,992

The following grants were agreed from 0-19s Grants under delegated authority.

Cumbria CVS Inspiring Barrow Programme £4,992

The following grants were recommended for approval at the Locality Board as the amounts were above £5,000 from the budgets outlined.

Furness Education Skills & Partnership Step Up & Play £12,000 – 0-19s budget.

Step Up and Play was a partnership of four schools in Central Ward in Barrow (Sacred Heart, St. Georges, Greengate & Ramsden Infants). The project aimed to ensure that children aged 4-11 in central Barrow, and their families had equity of opportunity to engage with local sports clubs. The project achieved this by helping children attend training, practice and competitions, on a weekly, sustainable, basis. They provide transport and escort to the different local sports clubs, supervise and support the children and then took them home. They arranged links with the clubs, ensure safety procedures are met and liaise with families to demonstrate the long-term benefits of sporting opportunities and culture.

The total cost of the project for 12 months was £36,000 and the partnership was seeking one-third of the cost to run the project for the next 12 months with the aim of raising further funding for 3 years so that they could support the children in the project, for a long enough period of time, to make a good start to achieving their sporting ambitions.

Inspira Food Programme £12,100 – DWP Household Support Fund

Under sovereign Cumbria County Council for Barrow and South Lakeland they funded Inspira through DWP funding for a 6-month pilot project for lunches which provided sandwiches, fruit, crisps etc supplied by a local business. This pilot helped to improve client wellbeing and participation in interviews with local employers and from the pilot in Barrow has demonstrated how successful it had been. Their current funding was due to end shortly and they would like to apply for extension funding to support unemployed adults on the programme to have a lunch until the end of March 2025 which would run in parallel with the delivery of Inspira's pre-employment programmes.

A request for funding from the 11-19 Universal Services budget for Dropzone on behalf of Furness Youth Work Partnership had been submitted. Due to timing of the Community Working Group and the funding amount the request was coming to the Locality Board for consideration. The need for the project had also been prioritised through the Community Thematic Working Group.

Dropzone on behalf of the Furness Youth Work Partnership had submitted a collaborative funding bid of £100,000 to the National Lottery Million Hours. The National Lottery Million Hours funding was to support anti-social behaviour projects and the priority wards of Old Barrow and Hindpool along with Walney were specifically identified by the National Lottery experiencing ASB.

The overall project would support an extra 1325 hours of youth work per year (50 weeks) and young people would be offered weekly sessions over this period. This enabled their detached provision to be increased by 2 hours per week involving partners from Furness Youth Work Partnership. As a collaborative approach this enabled them to increase capacity to target ASB hotspots. Historically secured funding to address ASB had always been small pots and did not enable long-term relationships, trust and programmes to be developed.

### Priority Wards Thematic Working Group

The working group had developed an action plan to look at delivering on priorities that were emerging:

- Health messages to the community in terms of accessing the right health support.
- Participation in health workshops on key issues of self-harm, respiratory diseases and the effect on people due to the wider health determinants such as poor-quality housing.
- The Working Group had escalated an issue in relation to housing. An update would be provided at the next working group. A briefing on Housing would also be arranged for the full Locality Board.

A key objective from the Priority Wards Working Group was to develop a long term plan for 10-20 years covering all key issues (environment, education, health) identifying and securing resources to implement and regularly update the plan.

### Infrastructure, Environment & Connectivity

The Infrastructure, Environment & Connectivity Working Group had developed an action plan to look with key updates and schemes as follows:

- Highways revenue programme
- Ash Die Back update
- Sustainable Travel & Transport Schemes Members also put forward a list of schemes and these were now being investigated in terms of feasibility and costings and would be brought to a future working group for consideration and funding recommendation.

The following were schemes with quotes submitted to the Working Group and had been recommended for approval at the Locality Board.

- Higgs Scheme – clear vegetation, improve footpath and resurface including repairing the bridge total cost £33,000.
- Biggar Bank to Sandy Gap – improve footpath total cost £67,000.
- Furness Abbey Footway – renew footpath, repair gates and latches total cost £11,172.

An additional funding request from the Community Forest Trusts had been submitted after the meeting of the Working Group and the Locality Board had been asked to consider this request. The Community Forest Trust supported the development of community forestry initiatives. Projects included mitigating climate change through the provision of high-quality green infrastructure.

Community Forest Trust would plant over four thousand five hundred trees / saplings, over approx. total of 4.5 Hectares across three urban sites. They would bring the expertise to select the right mix of broadleaf woodland species, site specific surveys, planting preparation, liaison with volunteers and on-going maintenance to ensure successful survival of the trees. Planting on sites was likely to be in February/March - planting likely to take 2-3 days on each site. Engagement had already started for the Parkview site. The planting process would be completed before the end of the financial year.

All the trees planted were funded by the Trees for Climate funding, provided by Cumbria Community Forest. This application would fund work that responded to the themes of the sites for the planned plantings to increase value and engagement. The organisation had secured funding of £23,500 from the W & F Climate and Nature Partnership Fund and were seeking to secure a shortfall of £11,540 to enable the total project cost of £36,840 to be achieved and the programme successfully delivered.

### Education Skills and Economy

The working group had developed an action plan to look at supporting on priorities that were emerging. These were:

- Welfare and transition across Primary and Secondary Schools.
- Data evaluation around senior school qualifications, further education retention and young people not in education, employment or training.
- Long-term sick.
- Benefits system

At the Furness Locality Board on 18th October 2023 it was agreed to fund the Christmas Support Project with Project John, Barrow Foodbank, Salvation Army, Spring Mount, Age UK and Furness Multicultural Forum. The Christmas Support project supported the most vulnerable families and individuals with food, toiletries, household essentials, toys, vouchers and warm packs. Referrals were made through a referral form by organisations, Schools, churches, statutory services for the family or individual to be supported as appropriate and referrers can identify those that need support as they would be working with them.

The total funding awarded was as follows.

Total £12,070 – Locality Board Priorities

Total £15,600 – DWP Household Support Fund

The Committee discussed the report.

Councillor Shirley asked if the Police Crime Commission had been asked to contribute to any of the funding.

Alison Meadows stated she would contact the Furness Youthwork Partnership and suggest they request funding from the PCC.

Mike Cummings stated in relation to recommendation 2.8 that he was chairman for Dropzone and they would produce a report for the funders.

In relation to recommendation 2.14 Councillor Burns requested that it be noted that she voted against this recommendation.

RESOLVED: -

- i. To approve the Furness Locality Board Draft Plan.
- ii. To note the status of the Furness Locality Board discretionary budgets and the commitments and expenditure to date.
- iii. To note the updates included in the report including the thematic working groups, partnerships and grant recommendations as outlined.
- iv. To agree to allocate Furness Education Skills Partnership £12,000 for the Step Up and Play Project from the 0-19 budget.
- v. To agree an annual funding request of £12,000 for the Step up and Play Project for the next three years subject to availability of devolved annual budget allocations to the Locality Board.
- vi. To agree to allocate Inspira £12,100 for their food programme from the DWP Household Support Fund.
- vii. To agree to allocate Dropzone £25,042 for the anti-social behaviour project from the 11-19 Universal Fund.
- viii. To agree to allocate £33,000 towards the Hagsgs Scheme from the Sustainable Travel and Transport Fund.
- ix. To agree to allocate £67,000 towards the Biggar Bank to Sandy Gap Scheme from the Sustainable Travel and Transport Fund.
- x. To agree to allocate £11,172 towards Furness Abbey Footway from the Sustainable Travel and Transport Fund.
- xi. To agree to allocate £11,540 towards the Community Forest Trusts from the Sustainable Travel and Transport Fund.
- xii. To agree to invite the Morecambe Bay NHS Integrated Care Communities Lead onto Furness Locality Board in a non-executive capacity.



- xiii. To agree to invite Cumbria CVS District Manager to be co-opted onto Furness Locality Board in a non-executive capacity.
- xiv. To agree to invite a representative of BAE to be co-opted onto Furness Locality Board in a non-executive capacity.
- xv. Agree to invite a representative of Furness Youth Work Partnership to be co-opted onto Furness Locality Board in a non-executive capacity.

The meeting ended at 7.41 pm.

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<b>Report Title</b>	Safe and Strong Communities
<b>Meeting</b>	Furness Locality Board
<b>Meeting Date</b>	19 <sup>th</sup> March 2024
<b>Report Author</b>	Alison Meadows, Senior Manager - Safe & Strong Communities
<b>Lead Cabinet Member(s)</b>	Councillor Virginia Taylor - Sustainable Communities & Localities
<b>Wards Affected</b>	All Furness
<b>PUBLIC. PART EXEMPT, OR FULLY EXEMPT</b>	Public
<b>Appendices (if any)</b>	Appendix 1 - Furness Locality Board Summary Financial Statement Appendix 2 – Active Cumbria Presentation

**1. Executive Summary**

- 1.1 The Safe and Strong Communities report brings together information from across Thriving Communities. The report includes updates from thematic workstreams, in line with priorities, highlight issues, actions and risks and provide an update on the devolved budget positions.
- 1.2 In the report are the recommendations to agree grant awards from 2023/24 devolved budgets.

**2. Recommendations**

**For the reasons set out in this report, Furness Locality Board is recommended to:**

- 2.1 For the reasons set out in this report, it is recommended that Furness Locality Board:
- 2.2 Note the status of the Furness Locality Board discretionary budgets and the commitments and expenditure to date as in Appendix 1.
- 2.3 Note the updates included in this report including the thematic working groups, partnerships and grant recommendations as outlined.
- 2.4 Agree to allocate Spring Mount £15,043.00 for the family meal and life skills project from the DWP Household Support Fund budget as outlined in the report in paragraphs 3.12 to 3.18.
- 2.5 Agree to allocate Barrow & District Disability Association £5,951.00 for Café activities from DWP Household Support Funding as outlined in the report in paragraphs 3.19 to 3.21.

- 2.6 Agree to allocate Barrow & District Disability Association £44.00 for Café activities from Priorities Funding as outlined in the report in paragraphs 3.19 to 3.21.
- 2.7 Agree to allocate Active Cumbria £59,891.00 for the Football Foundation Playzone from the Strong Connected and Communities Fund budget as outlined in the report in paragraphs 3.24 to 3.31
- 2.8 Agree to allocate Cumbria CVS £32,039 for the Furness for You website staffing costs for one year from the Strong Connected and Communities Fund budget as outlined in the report in paragraphs 3.32 to 3.39.
- 2.9 Consider funding a second year for Furness for You Website staffing subject to availability of devolved annual budget allocations to the Locality Board as outlined in the report in paragraphs 3.32 to 3.39.
- 2.10 Agree to allocate Furness Media Company £8,070 for the website design, development hosting and costs for two years from Strong Connected and Communities Fund budget as outlined in the report in paragraphs 3.32 to 3.39.
- 2.11 Agree to allocate Barrow Forward £3,100 for 10p swimming at Barrow Leisure Centre from Priorities Funding as outlined in the report in paragraphs 3.40 to 3.46.
- 2.12 Agree to allocate Barrow Forward £3,500 for food to support 10p swimming at Barrow Leisure Centre from DWP Funding as outlined in the report in paragraphs 3.40 to 3.46.
- 2.13 Agree to allocate Barrow Forward £11,112 for Fit and Fed swimming sessions at Barrow Leisure Centre from Priorities Funding as outlined in the report in paragraphs 3.40 to 3.46.
- 2.14 Agree to allocate Barrow Forward £20,606.25 for Fit and Fed food provision at Barrow Leisure Centre from DWP Household Support Funding as outlined in the report in paragraphs 3.40 to 3.46.
- 2.15 Agree to allocate £6,740.00 towards Rampside footpath improvements from Sustainable Travel and Transport funding as outlined in the report in paragraph 3.49.
- 2.16 Agree to allocate £2,831 towards replace/repair wooden footpath signs from Sustainable Travel and Transport funding as outlined in the report in paragraph 3.50.
- 2.17 Agree to allocate £1,000 towards improvements to footpath 602024 from Sustainable Travel and Transport funding as outlined in the report in paragraph 3.51.

- 2.18 Agree to allocate £1,500 to clear Rating Lane Culvert under footpath 601057 from Sustainable Travel and Transport funding as outlined in the report in paragraph 3.52.
- 2.19 Agree to allocate £9,120 to replace fencing at Elliscales from Sustainable Travel and Transport funding as outlined in the report in paragraph 3.53.
- 2.20 Agree to validate the Dalton Borderlands two Project Initiation Documents to be worked up and taken forward to develop into business cases.

### **3. Information: the Rationale & Evidence for the Recommendations**

#### **Thematic Working Groups**

- 3.1 Since the Locality Board report on 10<sup>th</sup> January 2024 all four thematic working groups are meeting weekly. The thematic working groups include Furness Locality Board Members who had elected to sit on the working groups and key external partners who can provide the technical expertise as required.
- 3.2 The Furness Locality Board Plan has been agreed and the priorities for Furness Locality Board are:
- Health & Wellbeing** – supporting everyone to start well, live well and age well.
- Poverty Proofing** – supporting our disadvantaged communities to access and increase opportunities.
- 3.3 At the meeting of 6th June 2023, Cabinet agreed to delegate a further one-off funding. This comprised £230,400 for Sustainable Travel and Transport Fund, £100,000 for Strong and Connected Communities Programme, £80,800 Household Support Fund for the Furness Locality Board.
- 3.4 Cabinet at its meeting on 12th September 2023 approved the community grants scheme and criteria. The community grants are to support constituted non-profit making organisations to apply for grants up to £5,000 that benefit the local area and meet local priorities.

#### **Community Working Group**

- 3.5 The working group has developed an action plan to look at delivering on priorities that are emerging. These are:
- Website and staffing to support the Furness for You Know Your Neighbourhood Project.
  - Anti-social behaviour in town centre and the Locality Board supported matched funding towards the National Lottery Million Hours Funding Bid.
  - Mapping of ward assets now completed.
  - BEATS programme – Exercise on Referral – Barrow Forward.

- 3.6 Members received a presentation at their meeting on 23<sup>rd</sup> February by Barrow Forward on the data, case studies evidencing the improvement of participants on the BEATS programme. The information also evidenced the estimated cost on the NHS comparing exercising to having to have knee/hip operations. Members were informed that the health funding previously awarded was due to end and no further health funding had been identified.
- 3.7 Members agreed that the issue needed to be escalated with an email sent to Westmorland and Furness Council Health colleagues, Integrated Care Board and Primary Care Network colleagues for a response in terms of identifying funding for the programme.
- 3.8 Furness Locality Board at its meeting on 18<sup>th</sup> October 2023 agreed that community grants budget, 0-19s budget, 11-19s budget and DWP Household Support Fund would be considered through the Community Thematic Working Group. Grants up to £5,000 are delegated to the Senior Manager, Safe and Strong Communities, with the agreement of the Chair and Vice Chair of Furness Locality Board and relevant ward member(s). Any approvals for amounts above £5,000 will be brought as a recommendation to the Furness Locality Board for a decision.
- 3.9 The Community Thematic Working Group has held monthly meetings to recommend and agree grants from its Community Grants, 0-19s, 11-19s and DWP Household Support Fund.

The following grants have been agreed from Community Grants under delegated authority.

Armed Forces and Breakfast Club £500  
 Cumbria CVS Inspiring Barrow Programme £4,992  
 SAFA £4,900  
 Cumbria Action for Sustainability £1,500  
 Coast Road Music & Arts Ltd £5,000  
 Bonus Swimming Club £2,000

- 3.10 The following grants have been agreed from 0-19s Grants under delegated authority.

Cumbria CVS Inspiring Barrow Programme £4,992  
 SAFA £4,900  
 Coast Roads Music & Arts Ltd £5,000  
 Barrow Amateur Boxing Club £1,830

- 3.11 The following grants are recommended for approval at the Locality Board as the amounts are above £5,000 from the budgets outlined.

The criteria for the DWP Household Support Fund is detailed below.  
 Energy and water  
 Food – whether in kind or through vouchers or cash  
 Essentials linked to energy and water

Wider essentials

Advice services

Housing costs, except for support that recipients can receive through other eligible support

Reasonable administrative costs.

### Spring Mount

- 3.12 Spring Mount is a church in the community who actively serve the community however they do not promote religious activities unless there is requested spiritual support. They provide a wide range of support through meals, drop ins, toddler group, youth clubs, and emotional, practical support but their primary aim for their community work is meet the needs and help lift people from the stress and anxiety which poverty, addiction, domestic abuse, isolation, physical and/or mental health difficulties and other circumstances which impact.
- 3.13 The organisation is looking at continuation funding and a new key project over the next two years to ensure they can provide continued support and sustainability in Salthouse Pavilion.
- 3.14 The funding being sought is to continue providing a warm welcome space on a Friday where they have been providing food and refreshments such as soup and sandwiches, potatoes and other light meals. Warm Welcome Spaces have proved to be successful in supporting people not just to access a warm space but to reduce social isolation. Salthouse Pavilion is also utilised through the BeWell programme for partners to provide additional health and wellbeing advice eg blood pressure checks and this has been fed into the Priority Wards Working Group.
- 3.15 The new project the group wishes to establish is a community/family meal including half-terms when HAF is not operating. This model is based on the success of the family meal on Walney and there has been a large percentage of people coming from Salthouse, Roose, Central ward areas to the Walney provision.
- 3.16 As part of the family meal project will be a Life Skills course licensed by CAP (Christians against poverty), Spring Mount work closely with CAP and have a debt centre manager based in Salthouse Pavilion. The Life skills course enables to investigate some root causes of debt and poverty and seeks to equip people with the skills to manage situations including money budgeting techniques, energy advice, including communication and good relationships.
- 3.17 In addition to the life skills and to support the family meals will be cooking on a budget, batch cooking, cooking from scratch to make healthy meal choices. The cooking is interactive, people get to cook on site together, preparing the food, using fresh ingredients. All the recipes meet nutritional guidelines as the organisation already supports the Holiday Activity Programme in terms of meeting national healthy food guidance.

- 3.18 As an extension to this course, the organisation will work with organisations such as Green Doctor for energy advice and seek support such as Inspira for CV writing and national careers guidance for particular sessions. At previous drop-ins at Salthouse Pavilion the Be Well drop in was well received with blood pressure checks, winter warmth packs. As part of the funding the organisation needs to purchase essential kitchen equipment and resources for the family meals.

#### Barrow & District Disability Association

- 3.19 Barrow & District Disability Association is a registered charity set up to provide for the welfare of people with disabilities and their families and carers and currently has 2,639 members. They provide a wide range of activities and services including a community café, disability advice and benefits service (DABS), and adult social activities group.
- 3.20 The organisation was part of the collaborative Furness for You Know Your Neighbourhood Bid and currently provide activities to support people that are socially isolated into volunteering. They had been running successful activities and to further enhance this offer they would like to provide food and refreshments to people in their café area. Due to funding the organisation has been unable to open their café and this would allow them to offer food and refreshments in the café area to allow people additional social connections. The funding would support them to provide this.
- 3.21 This project directly supports the Council Plan priorities, the Furness Locality Board Plan and outcomes identified in the Priority Wards action plan. These projects will reduce social isolation, encourage healthier lifestyle, improve life skills and support with confidence, resilience and raising aspirations.

#### Priority Wards Working Group

- 3.22 The working group has developed an action plan to look at delivering on priorities that are emerging such as:
- Health Plan to address health inequalities to support the action plan.
  - Get Ready for Winter – Two events to be held in Central & Hindpool wards joint third sector and statutory partners to provide residents with practical and holistic support.
  - Football Foundation Playzone – Expression of Interest approved to look at proposal of developing a playzone in the priority wards. Furness Locality Board at its meeting on 18<sup>th</sup> October 2023 agreed that the Strong Connected and Communities Fund would be considered through the Priority Wards Thematic Working Group.
- 3.23 Grants up to £5,000 are delegated to the Senior Manager, Safe and Strong Communities, with the agreement of the Chair and Vice



Chair of Furness Locality Board and relevant ward member(s). Any approvals for amounts above £5,000 will be brought as a recommendation to the Furness Locality Board for a decision. The following grants are recommended for approval at the Locality Board as the amounts are above £5,000 from the budgets outlined.

### Active Cumbria - Football Foundation PlayZone

3.24 The criteria for the Strong Connected and Communities is outlined below.

The Strong Connected and Communities Fund is to support priority improvements in communities, making a real and visible difference to the quality of life in local areas. The criteria is as follows:

- The fund is used to support the identified priorities as determined by the Locality Boards through their recent place planning work and captured in their Place Plans.
- Provides additionality to the delegated funding to the Locality Boards by Council.
- Supports communities to be strong, cohesive and resilient.
- Supports communities and individuals at the 'pre-front door' to prevent, reduce and delay the need for commissioned services.

3.25 The Football Foundation has launched an exciting new capital investment programme. Using investment from the **Premier League**, **The FA** and the **Government** through **Sport England**, the PlayZones Programme aims to engage with local communities across the country to create outstanding sports and activity spaces and tackle inequalities in participation.

3.26 The PlayZone Programme is their exciting new investment programme aimed at tackling inequalities in physical activity and access to facilities by funding community-led spaces.

3.27 They aim to focus investment and resource into communities with the greatest need. This will deliver new or refurbished outdoor mini pitches designed for football and other sports and activities that will allow priority groups to be more active. There are four main groups facing the greatest inequalities the Football Foundation want prioritisation with these groups; lower socio economic, women and girls, disabled people and people with long-term health conditions and ethnically diverse groups to provide opportunity and access to safe, inclusive, and welcoming facilities.

3.28 Football Foundation have confirmed community Engagement sits at the heart of the programme and is critical to the successful delivery of playzones which will be delivered through the Community Development team and the facilities are designed around the unique needs of community, identified through meaningful engagement. The site, design and facilities will be determined through working with the community in the Central ward area.

- 3.29 The Football Foundation estimates the cost of each facility depends on various factors including specification and site conditions. They estimate a new build facility will cost around £225k. The programme requires partnership funding and are looking for a minimum contribution of 25% of the total capital cost. The Community Development Team has submitted an Expression of Interest which has been successful.
- 3.30 In order to support the project with the 25% partnership funding and based on an estimated £225k funding members are asked to commit £59,891. The funding from the Locality Board and Football Foundation should be the catalyst to draw down additional funding from other funding partners should it be required towards the build cost. Active Cumbria would be able to 'hold and ringfence' the funding for the project.
- 3.31 One of the key priorities from the Priority Wards Thematic Working Group is to address health inequalities in the priority wards through a number of projects. This project meets the Council Plan priorities, Furness Locality Board Plan, and the Priority Wards Health Plan to address health inequalities.

#### Furness for You Website and Staffing

- 3.32 'Furness For You' is a partnership project and its aims are to build on the success and vision of the Community Prosperity Partnership which are:
- identifying and addressing community needs across the Furness area to reduce loneliness/chronic loneliness, address levels of deprivation within local communities.
  - Creating people centred wrap around support.
  - Create meaningful volunteer opportunities to inspire communities.
  - Capture meaningful data to demonstrate positive impact.
- 3.33 Until recently, organisations operated in silo delivering interventions to different beneficiary groups addressing barriers and supporting health and wellbeing. A foundation and commitment has been developed through the partnership building relationships, trust, honesty and transparency through regular meetings to codesign local services (avoiding duplication) and providing integrated support, creating a holistic journey to build community/ individual resilience whilst meeting partnership key aims.
- 3.34 Funded by the Government's Know Your Neighbourhood Fund which is to reduce chronic social isolation and support people into volunteering the Partnership has been allocated £960,831 to offer a varied programme including one-to-one support, group events, creative activities, as well as volunteering opportunities.
- 3.35 Alongside the council, the Partnership, managed by Groundwork North East and Cumbria, involves a range of delivery partners such as Age UK Barrow and District, Cumbria CVS, Brathay Trust, Women's Community Matters, Stitchability, Barrow Leisure Centre, Furness Multicultural Forum, Barrow & District Disability Association. A key partnership objective is to

broaden representation across the Furness area, to improve health and wellbeing in communities, to shape and influence health/public sector strategies, and enable services with resources and funding to meet community need.

- 3.36 In the original Furness For You funding bid the development of a Furness for You website along with staffing had been included however as the partnership had to reduce its funding bid the website and staffing had to be excluded.
- 3.37 Through partnership working with key statutory partners, third-sector organisations it has been identified that there is no one central live information site that shows all the organisations, advice, support, activities which can be accessed by workers to support residents. Since the Furness for You partnership has commenced along with the community connector and volunteer co-ordinator employed the Furness for You Facebook page has been set up however this is more instant with events rather than a live directory.
- 3.38 In order to ensure that the Furness for You Website can be set up and staffed with a staff member maintaining the website. Officers have been working with a local website design company to look at the specification and needs to host the website. They have also been working with a key local organisation to host the staff member. Cumbria CVS has agreed to host the staff member but would create a new job and would be looking for an individual who has local knowledge of the organisations in the area and experience of working within the area. Cumbria CVS would also provide all the relevant HR and line management support for the person. The total costs to provide the website and staffing will be £40,109.00. This is made up of £32,039 for Cumbria CVS staff for 12 months and £8,070 for the website design, development and costs.
- 3.39 Members are asked to consider subject to devolved annual budget in 2024/25 to support staffing costs for a second year as this will enable further evaluation of the project.

#### Barrow Forward – Barrow Leisure Centre

- 3.40 Furness Locality Board has supported both Barrow and Dalton Leisure Centres with the 10p Swimming Initiative during February half-term. The initiative was also supported across Westmorland and Furness Council through South Lakeland and Eden Locality Boards.
- 3.41 In the Furness locality the funding enabled children to swim for 10p and receive hot food/packed lunch after the swim. The feedback has been extremely positive with full uptake on places offered. People that would not normally access Leisure Centres have taken advantage of the offer. It can be demonstrated there has been an increase in social connections, physical activity and healthy eating.
- 3.42 Members are asked to consider repeating the initiative in May half-term providing the same offer of 10p swim and food in Barrow Leisure Centre. The

cost would be the same as during February half-term £6,600 with £3,100 recommended from Priorities funding and £3,500 from DWP funding. This would allow opportunities to undertake further evaluation, additional benefits and opportunities.

- 3.43 Barrow Leisure Centre has confirmed that the February half-term initiative highlighted issues with swimming competence in the area. They had two rescues during the week and the majority of the participants were unable to go in the deep end as they could not pass the swim test required. Therefore, there is a need to provide an additional tailored offer to support children who need extra swimming sessions working with the schools in the priority wards to support children with swimming.
- 3.44 Members asked to consider funding a Fit and Fed initiative. This would offer a targeted Breakfast Club and Swim and Tea-time Club and Swim for children identified through the Schools in the priority wards needing additional swimming sessions. A pilot for the Breakfast Club and Swim has been running two sessions per week which has proved successful, and health authority funding is paying for these sessions per week. Barrow Leisure Centre would like to extend sessions to four sessions per week for 35 weeks over School terms and are seeking additional funding for the 2 sessions.
- 3.45 The Tea-time Club and Swim for children is a new initiative and this would provide three sessions after School for 35 weeks over the School terms. It is anticipated that there would be approximately 32 children at Breakfast Club and 45 children at Tea-time Club. Both these projects would support the needs identified through the 10p swimming initiative.
- 3.46 One of the key priorities from the Priority Wards Thematic Working Group is to address health inequalities in the priority wards through a number of projects. This project meets the Council Plan priorities, Furness Locality Board Plan in improving health and wellbeing, poverty proofing and the Priority Wards Health Plan to address health inequalities.

### **Infrastructure, Environment & Connectivity**

- 3.47 The Infrastructure, Environment & Connectivity Working Group has developed an action plan to look with key updates and schemes.

In addition to the various highways and sustainable travel and transport schemes being discussed the working group is also looking more strategically at wider assets for Furness to be a destination area and to inform the Local Plan.

#### **Sustainable Travel & Transport Schemes**

- 3.48 The criteria for local Sustainable Travel and Transport Fund is to support the development of local sustainable travel and transport schemes, including footpaths and rights of way, cycling, school streets and community transport. The fund will help improve public health and the environment by reducing congestion, air pollution, carbon emissions and supporting healthier lifestyles. The following are schemes with quotes submitted to the Working Group and have been recommended for approval at the Locality Board.

The following schemes are for approval:

- 3.49 Rampside footpath improve drainage divert water away, cut back vegetation at a cost of £6,740.00.
- 3.50 Replace/repair wooden footpath signs that are damaged or missing in the Furness area at a cost of £2,831.00.
- 3.51 Cut back vegetation and clear the tarmac on footpath 602024 north out of Dalton from James Terrace to A590 Dalton Bypass at a cost of £1,000.00.
- 3.52 Clear Culvert under footpath 601057, Rating Lane Recreation Ground Barrow at a cost of £1,500.00.
- 3.53 Replace old fencing with new on Elliscales footpath at a cost of £9,120.00.

### **Education, Skills & Economy**

- 3.54 The working group has developed an action plan to look at supporting on priorities that are emerging. These are:
  - Welfare and transition across Primary and Secondary Schools.
  - Data evaluation around senior school qualifications, further education retention and young people not in education, employment or training.
  - Long-term sick.
  - Benefits system.
- 3.55 The Working Group has received updates from DWP on the benefits system and an update to understand alternative provision. An expression of interest has been submitted from the Lancashire & South Cumbria Integrated Care Board working in partnership with the Council and DWP for the Workwell Programme in relation to long-term sick.

### **Informal Briefing Sessions**

- 3.56 In addition to the Locality Board meetings and thematic working groups it was agreed there would be informal briefing sessions to receive timely updates and presentations. There are further informal briefing sessions planned with key partners and directorates.

Below is the list since January's Locality Board meeting.

- Update on assets/major projects Furness area.
  - Housing Revenue Account
  - Parking Reports
  - Winter Maintenance/Gritting,
  - Active Cumbria presentation attached as Appendix 2.
  - Barrow Citizens Advice Bureau
- 3.57 At the Furness Locality Board on 18th October 2023 it was agreed to fund the Christmas Support Project with Project John, Barrow Foodbank, Salvation Army, Spring Mount, Age UK and Furness Multicultural Forum. The Christmas

Support project supports the most vulnerable families and individuals with food, toiletries, household essentials, toys, vouchers and warm packs. Referrals are made through a referral form by organisations, Schools, churches, statutory services for the family or individual to be supported as appropriate and referrers can identify those that need support as they will be working with them.

The total funding awarded was as follows.

- Total £12,070 – Locality Board Priorities
- Total £15,600 – DWP Household Support Fund

The numbers of referrals received were as follows.

- Toys 0-4 = 189
- Toys 5-11 = 317
- Vouchers 12-19 = 206
- Food hamper = 388
- Wellbeing & Toiletries = 377

The top wards for referrals were Old Barrow and Hindpool and Walney.

### **Devolved Communities Budget**

3.58 The Furness Locality Board budget allocations are detailed in the following table.

The summary account statement for these figures can be seen at Appendix 1

Locality Board Priorities	£33,200
Furness Community Grants Fund	£30,000
0-19 Services	£47,596
11-19 Universal Services	£25,042
Strong & Connected Communities Fund	£100,000
Local Sustainable Travel & Transport Fund	£230,400
DWP Household Support Fund	£80,800
Money Advice Service	£57,060
Highways Revenue	£512,000
<b>Community Budget Total</b>	<b>£1,116,098</b>

### **Dalton Borderlands Partnership**

3.59 The Borderlands Place Programme is a programme of investment to stimulate the repurposing and reinvention of towns and centres across the Borderlands region to create places that are economically vibrant, resilient to change and that attract a working age population.

3.60 The Town Team has taken place following two working groups of Highstreet Enhancement and Active Travel. Additional businesses have joined the

Highstreet Enhancement working group and are now representing the Town Team providing stronger business representation.

- 3.61 At the Town Team meeting on 25<sup>th</sup> January 2024 it was agreed that the two Project Initiation Documents to work up and take forward to develop into business cases are Dalton Leisure Centre and High Street Enhancement with Active Travel.
- 3.62 The Locality Board is asked to validate the two Project Initiation Documents to be worked up and taken forward to develop into business cases.

### **Town & Parish Councils**

- 3.63 In order to ensure a joined-up approach between the Furness Locality Board and the town and parish councils' regular meetings have been programmed in with the Parish Clerks, the Chair, Vice-Chair of the Locality Board and Area Manager. This enables updates to be provided to the Parish Clerks on the key priorities being taken forward as a Locality Board.
- 3.64 There have been three meetings where issues have been raised and able to be picked up to be addressed. A parish councillor has also attended and this would be undertaken on a rotating basis. There has also been HIAMS training undertaken with parish and town councillors following this being identified.

### **Furness Local Resilience Forum**

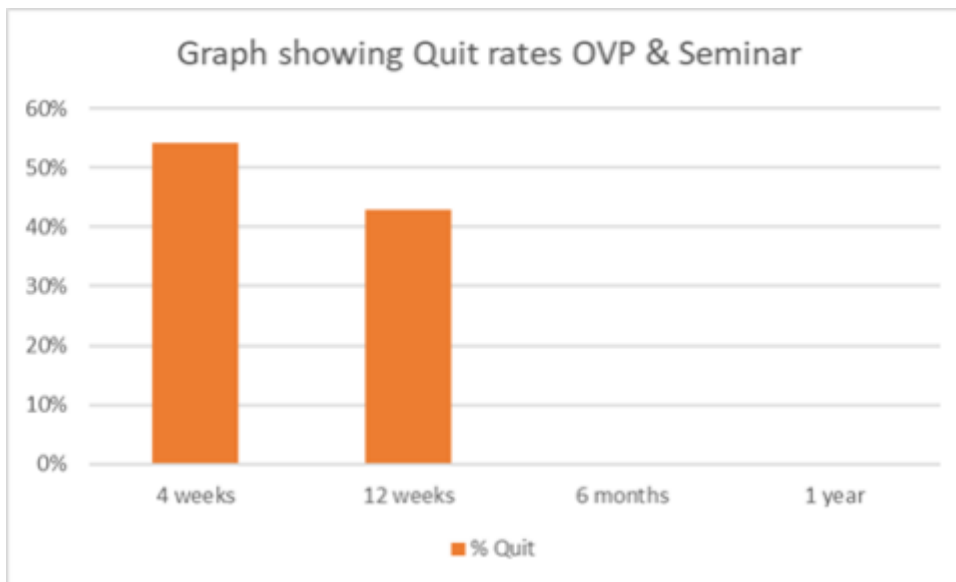
- 3.65 The Furness Local Resilience Forum is a multi-agency partnership that looks to work in partnership to improve the quality of life of local communities. It brings together the organisations supporting communities in the Furness locality through sharing information from relevant local partnerships and the work of organisations.
- 3.66 It identifies the support local communities need and seek how to support organisations to meet these needs and provides mechanisms to escalate issues through the appropriate channels/structures.
- 3.67 At recent meetings it has received a number of updates from organisations such as United Utilities, Adult Social Care, DWP, Health partners enabling sharing of information and discussions in order to support community needs.
- 3.68 There is still a need to be addressing health and cost of living issues in the community with many residents requiring support.

### Asylum & Refugees Partnership

- 3.69 The Asylum & Refugees Partnership continues to meet to ensure that asylum seekers and refugees are supported with key areas of concern being addressed. As numbers of asylum seekers decreases in the hotels the focus is now to focus on support with dispersal.

### Update from Public Health

- 3.70 In 2023 Westmoreland and Furness commissioned Allen Carr Easyway to Stop Smoking Method pilot with a focus on targeting the Furness area due to high smoking prevalence. Allen Carr's Easyway to Stop Smoking Method is a drug free, clinically proven cognitive behavioural therapy (or more accurately a cognitive restructuring/retraining therapy). The programme involves either online seminars or videos lasting for 5-6 hours. Allen Carr's Easyway is endorsed by the National Institute of Health and Clinical Excellence as a drug free way of stopping smoking.
- 3.71 The social media recruitment for the programme was exceptionally successful filling all the available places in a few weeks. Showing the demand for such a programme in Westmorland and Furness. The current confirmed quit rates with Westmorland & Furness Council are shown below and are comfortably above the minimum target of 40% at 4 weeks and 12 weeks. The socio-economic data from the programme shows that 68% of users were in a "low socio- economic group".



- 3.72 The following are examples of feedback received from different users for this programme.

#### **Nicola**

1 week in - Do it if you can, just put the code in, I did the seminar and it's amazing.



**Toni**

2 days in - Well I finished yesterday. Never imagined I'd be popping a bottle of wine open confident I'm never smoking again. Thanks whole mindset changed. I'm not a slave to the cancer sticks anymore.

**Caroline (OVP)**

4 weeks in - I wanted to let you know that I am doing brilliantly. I am a happy non smoker now. I didn't think I would be able to do it after smoking for 38 years which is all of my adult life. I am amazed that I don't even think about smoking majority of the time. My partner smokes and it doesn't bother me and I've been out on a couple of occasions and I wasn't bothered then either.

Thank you so much for this opportunity. My doctors will be pleased as I have a couple of autoimmune diseases.

3 months in - I am still a very happy non smoker. Please feel free to call me anytime if you need feedback as this has done wonders for me and also friends and family whom I told about it. I think the Allen Carr Easyway should be the NHS first remedy for anyone wanting to give up smoking.

**Karen**

4 weeks in - I'm not smoking, I have recommended you to the respiratory rehabilitation team of Furness General. 50+ years smoking I think the Allen Carr method is virtually miraculous. So, I'll carry on, there's no chance of me smoking again.

**Linda**

2 months in - Just in shock. After up to 60 a day. I have not had a ciggy since doing day course on line. 31st Aug 2023 my family in shock..shock..money I have saved is amazing. Cough has gone..the only way I can repay them is by telling everyone this can and does work..get your head in the right place first ..believe in it..want it..miracles do happen.

**Vee**

3 months in - It certainly worked for me I haven't even missed them after 50 years of smoking thank you so much x

3.73 Follow the success of the pilot a further programme was recommissioned in January 2024.

3.74 Post LGR a new multi-agency partnership group has been established to address the health issues in Furness the first workshop took place in November 2023 and the second is taking place in March 2024 focussing on the Joint Health and Wellbeing Strategy.

**4.0 Link to Council Plan Priorities: (People, Climate, Communities, Economy and Culture, Customers, Workforce)**

4.1 The Westmorland and Furness vision, included in the Council Plan 2023 – 2027, determines that it will be 'A great place to live, work and thrive' and that the communities will be at the very heart of all that it does. The three Locality

Boards provide a mechanism through which the council can ensure strong local leadership and effective local representation, to work closely with communities and partners to enable them to shape their areas and to thrive.

## **5.0 Consultation Outcomes**

5.1 No consultation outcomes required.

## **6.0 Alternative Options Considered**

6.1 Members may choose to either agree the recommendations as presented or suggest alternative proposals.

## **7.0 Reasons for the Recommendations**

7.1 Members choosing to agree the recommendations enables a number of much needed community led projects to proceed and ensures Locality Board budgets are targeted to support.

## **8.0 Climate and Biodiversity Implications**

8.1 No Climate and Biodiversity implications.

## **9.0 Legal and Governance Implications**

9.1 In accordance with 14,12,1 (a) and (b) of the Constitution, the Locality Board will undertake to allocate funding grants within the terms of a Community Grants Scheme to be developed by the Cabinet and allocate discretionary budgets, make decisions and develop activities in supporting locality working, projects and activities within the terms of any scheme that may be developed by the Cabinet.

9.2 Where a Locality Board exercises powers granted to it by the Cabinet or Council it must do so within the parameters of the policies set by the Council and Cabinet.

## **10.0 Human Resources Implications**

10.1 There are no human resources implications resulting from this report.

## **11.0 Financial Implications**

11.1 The financial summary is as per Appendix 1. All proposed expenditure is in line with the funding allocations.

11.2 The underspent / unallocated discretionary budgets may be carried forward at the year end, but this is subject to Cabinet approval on 26<sup>th</sup> March 2024.

Section to be completed by Finance on behalf of the S151 Officer

**12.0 Equality and Diversity Implications (including the public sector equality duty, Armed Forces Veterans, Care Experienced, Rurality, and Socio-Economic Inequalities implications)**

12.1 There are no equality and diversity implications resulting from this report.

**13.0 Risk Implications**

13.1 If recommendations are not supported a number of projects will not proceed as funding is required, consequently budgets will not be defrayed.

**14.0 Background Documents**

14.1 This report has been compiled based on previous decisions by Westmorland and Furness Council as outlined in the report.



**BAROW LOCALITY BOARD: 2023/24**

**SUMMARY FINANCIAL STATEMENT AS AT: 31 January 2024**

<b>Discretionary budgets total allocation 2022/23 Council 18/02/22</b>	<b>167,462</b>
<b>Budget Allocation as Council Before Review By Local Committee</b>	
General Provision	53,200
0-19 Services	57,596
11-19 Universal Services	25,042
<b>Total Allocation</b>	<b>135,838</b>

Budget Sector	2023/24 Original Budget E5	Balance B/Fwd see note	Virement In	Virement Out	Revised Budget	Other Contribs	2023/24 Spending Limit	Remaining Commitments	Actual Expenditure	Expenditure And Commitments	Unallocated Resources or (Variance)
	£	£	£	£	£	£	£	£	£	£	£
<b>Discretionary Budgets</b>											
General Provision	53,200	0	0	(20,000)	33,200	0	33,200	1,000	17,945	18,945	14,256
0-19 Services	57,596	0	0	(10,000)	47,596	0	47,596	11,730	16,992	28,722	18,874
11-19 Universal Services	25,042	0	0	0	25,042	0	25,042	0	25,042	25,042	0
Community Grants Fund	0	0	30,000	0	30,000	0	30,000	11,900	6,992	18,892	11,108
	<b>135,838</b>	<b>0</b>	<b>30,000</b>	<b>(30,000)</b>	<b>135,838</b>	<b>0</b>	<b>135,838</b>	<b>24,630</b>	<b>66,971</b>	<b>91,601</b>	<b>44,238</b>
<b>Other Revenue Budgets</b>											
Money Advice Contract - CAB	57,060	0	0	0	57,060	0	57,060	0	57,060	57,060	0
Local Sustainable Travel & Transport Fund	0	0	230,400	0	230,400	0	230,400	122,712	1,750	124,462	105,938
Strong Connected Communities Programme	0	0	100,000	0	100,000	0	100,000	0	0	0	100,000
DWP Household Support Fund	0	0	0	0	0	80,800	80,800	0	35,700	35,700	45,100
	<b>57,060</b>	<b>0</b>	<b>330,400</b>	<b>0</b>	<b>387,460</b>	<b>80,800</b>	<b>468,260</b>	<b>122,712</b>	<b>94,510</b>	<b>217,222</b>	<b>251,038</b>
<b>LOCALITY BOARD TOTAL</b>	<b>192,898</b>	<b>0</b>	<b>360,400</b>	<b>(30,000)</b>	<b>523,298</b>	<b>80,800</b>	<b>604,098</b>	<b>147,342</b>	<b>161,481</b>	<b>308,823</b>	<b>295,276</b>

**BARROW LOCALITY BOARD**  
**FINANCIAL YEAR 2023/24**

**FINANCIAL STATEMENT AS AT :** 31-Jan-2024  
**BUDGET AREA :** General Provision  
**BUDGET MANAGER :** Alison Meadows  
**COST CENTRE** 5945101

		£	£
2023/24 Original Budget			53,200
Balances brought forward from previous years			
		_____	0
Virements in:			
		_____	0
Virements out:			
To Community Grants Fund	11/05/23	-10,000	
To Community Grants Fund	12/07/23	-10,000	
		_____	-20,000
Other Contributions:			0
<b>2023/24 Spending Limit</b>			<b>_____</b> <b>33,200</b>
<b>Expenditure and Commitments 2023/24</b>		<b>Committed</b>	<b>Actual</b>
Local Committee Buffet			75
Project John Limited - Christmas Project	18/10/23		12,070
Barrow Forward Ltd			3,100
Barrow BID town centre planters		1,000	
Dalton Leisure Services Ltd			2,700
<b>Totals</b>		<b>_____</b> <b>1,000</b>	<b>_____</b> <b>17,945</b>
Total Actual and Committed			<b>_____</b> <b>18,945</b>
<b>Unallocated Resources:</b>			<b>_____</b> <b>14,256</b>

**BARROW LOCALITY BOARD**  
**FINANCIAL YEAR 2023/24**

**FINANCIAL STATEMENT AS AT :** 31-Jan-2024  
**BUDGET AREA :** 0-19 Services  
**BUDGET MANAGER :** Alison Meadows  
**COST CENTRE** 1713201

	£	£
2023/24 Original Budget		57,596
Balances brought forward from previous years		
- Earmarked		
- Unallocated	0	0
Virements in:		
Virements out:		
To Community Grants Fund	12/07/23 -10,000	-10,000
Other Contributions:		0
<b>2023/24 Spending Limit</b>		<b>47,596</b>

**Expenditure and Commitments 2023/24**

		Committed	Actual
Furness Education Skills Partnership	10/01/24	0	12,000 <small>WFCGA/1961-23</small>
Cumbria CVS		0	4,992 <small>WFCGA/1887-23</small>
SAFA		4,900	
Coast Road Music & Arts Ltd		5,000	
Barrow Amateur Boxing Club		1,830	
<b>Totals</b>		<b>11,730</b>	<b>16,992</b>
Total Actual and Committed			<b>28,722</b>
<b>Unallocated Resources:</b>			<b>18,874</b>

**BARROW LOCALITY BOARD**  
**FINANCIAL YEAR 2023/24**

**FINANCIAL STATEMENT AS AT :**  
**BUDGET AREA :**  
**BUDGET MANAGER :**  
**COST CENTRE**

31-Jan-2024  
 11-19 Universal Services  
 Alison Meadows  
 1765101

	£	£
2023/24 Original Budget		25,042
Balances brought forward from previous years		
- Earmarked		
- Unallocated	<u>0</u>	0
Virements in:		
	<u>                    </u>	0
Virements out:		
	<u>                    </u>	0
Other Contributions:		0
<b>2023/24 Spending Limit</b>		<b><u>25,042</u></b>
<b>Expenditure and Commitments 2023/24</b>	<b>Committed</b>	<b>Actual</b>
Dropzone	0	25,042 WFCGA/1980-23
<b>Totals</b>	<b><u>0</u></b>	<b><u>25,042</u></b>
Total Actual and Committed		<b><u>25,042</u></b>
<b>Unallocated Resources:</b>		<b><u>0</u></b>



**BARROW LOCALITY BOARD**  
**FINANCIAL YEAR 2023/24**

**FINANCIAL STATEMENT AS AT :** 31-Jan-2024  
**BUDGET AREA :** Community Grants Fund  
**BUDGET MANAGER :** Alison Meadows  
**COST CENTRE** 5940201

	£	£
2023/24 Original Budget		0
Balances brought forward from previous years		
- Earmarked		
- Unallocated	<u>0</u>	0
Virements in:		
From General Provision	11/05/23 10,000	
From General Provision	12/07/23 10,000	
From 0-19 Services	12/07/23 10,000	
		<u>30,000</u>
Virements out:		
		<u>0</u>
Other Contributions:		0
<b>2023/24 Spending Limit</b>		<b><u>30,000</u></b>

**Expenditure and Commitments 2023/24**

	<b>Committed</b>	<b>Actual</b>
Furness Peninsula Veterans Breakfast		500 WGA/1925-23
Cumbria CVS		4,992 WFCGA/1887-23
SAFA	4,900	
Bonus Swimming Club	2,000	
Coast Road Music & Arts Ltd	5,000	
Cumbria Action for Sustainability		1,500
<b>Totals</b>	<b><u>11,900</u></b>	<b><u>6,992</u></b>
Total Actual and Committed		<b><u>18,892</u></b>
<b>Unallocated Resources:</b>		<b><u>11,108</u></b>

**BARROW LOCALITY BOARD**  
**FINANCIAL YEAR 2023/24**

**FINANCIAL STATEMENT AS AT :** 31-Jan-2024  
**BUDGET AREA :** Money Advice Contract - CAB Barrow  
**BUDGET MANAGER :** Alison Meadows  
**COST CENTRE** 5940801

	£	£
2023/24 Original Budget		57,060
Balances brought forward from previous years		
- Earmarked		
- Unallocated	0	0
Virements in:		0
Virements out:		0
Other Contributions:		0
<b>2023/24 Spending Limit</b>		<b>57,060</b>
<b>Expenditure and Commitments 2023/24</b>	<b>Committed</b>	<b>Actual</b>
Barrow Citizens Advice Bureau		57,060
<b>Sub-total</b>	0	57,060
<b>Total Actual and Committed</b>		57,060
<b>Unallocated Resources:</b>		<b>0</b>

**BARROW LOCALITY BOARD**  
**FINANCIAL YEAR 2023/24**

**FINANCIAL STATEMENT AS AT :** 31-Jan-2024  
**BUDGET AREA :** Local Sustainable Travel & Transport Fund  
**BUDGET MANAGER :** Alison Meadows  
**COST CENTRE**

	£	£
2023/24 Original Budget		0
Balances brought forward from previous years		
- Earmarked		
- Unallocated	0	0
Virements in:		
1 Year Funding agreed by Cabinet 6th June 2023	230,400	
		230,400
Virements out:		
		0
Other Contributions:		0
<b>2023/24 Spending Limit</b>		<b>230,400</b>

	<b>Committed</b>	<b>Actual</b>
<b>Expenditure and Commitments 2023/24</b>		
Friends of X112 Scheme	18/10/23 0	1,750
Haggs Scheme	10/01/24 33,000	
Biggar Bank to Sandy Gap Scheme	10/01/24 67,000	
Furness Abbey Footway	10/01/24 11,172	
Community Forest Trust	10/01/24 11,540	
<b>Sub-total</b>	<b>122,712</b>	<b>1,750</b>
<b>Total Actual and Committed</b>		<b>124,462</b>
<b>Unallocated Resources:</b>		<b>105,938</b>

**BARROW LOCALITY BOARD**  
**FINANCIAL YEAR 2023/24**

**FINANCIAL STATEMENT AS AT :**  
**BUDGET AREA :**  
**BUDGET MANAGER :**  
**COST CENTRE**

31-Jan-2024  
Strong Connected Communities Programme  
Alison Meadows

	£	£
2023/24 Original Budget		0
Balances brought forward from previous years		
- Earmarked		
- Unallocated	0	0
Virements in:		
1 Year Funding agreed by Cabinet 6th June 2023	100,000	
Virements out:		100,000
		0
Other Contributions:		0
<b>2023/24 Spending Limit</b>		<b>100,000</b>
<b>Expenditure and Commitments 2023/24</b>	<b>Committed</b>	<b>Actual</b>
<b>Sub-total</b>	0	0
<b>Total Actual and Committed</b>		0
<b>Unallocated Resources:</b>		<b>0</b>

**BARROW LOCALITY BOARD**  
**FINANCIAL YEAR 2023/24**

<b>FINANCIAL STATEMENT AS AT :</b>	31-Jan-2024		
<b>BUDGET AREA :</b>	DWP Household Support Fund		
<b>BUDGET MANAGER :</b>	Alison Meadows		
<b>COST CENTRE</b>	5946101		
		£	£
2023/24 Original Budget			0
Balances brought forward from previous years			
- Earmarked			
- Unallocated		0	
			0
Virements in:			
			0
Virements out:			
			0
Other Contributions:	DWP Household Support Fund		80,800
<b>2023/24 Spending Limit</b>			<b>80,800</b>
<b>Expenditure and Commitments 2023/24</b>		<b>Committed</b>	<b>Actual</b>
Project John Limited - Christmas Project	18/10/23		15,600
Inspira	10/01/24	0	12,100
Dalton Leisure Centre			4,500
Barrow Forward			3,500
<b>Sub-total</b>		0	35,700
<b>Total Actual and Committed</b>			35,700
<b>Unallocated Resources:</b>			<b>45,100</b>

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# Active Cumbria Furness Locality Board Presentation 27.02.2024



# ●● Background – Active Cumbria

- One of a network of 43 Active Partnerships across England
- Set up in 1999 pre LGR hosted by CCC within Public Health
- Post LGR we are permanently hosted by Cumberland Council within Public Health and Communities
- Purpose – Improving Lives Through Physical Activity

44





# ●●● Background – Contribution to key outcomes



## ●● Background - Investment

- 80% of operating costs are from National Lottery via Sport England
- 20% are from other sources of local, national and international investment
- AC is one of Sport England's 130 'System Partners'
- The 5 Year investment period April 2022 – March 2027 totals £2.6m
- Sport England mandated that AC continue to provide services across Cumbria as a whole
- £1.5m DfT Award for Active Travel
- £97K Active Travel to School Budget

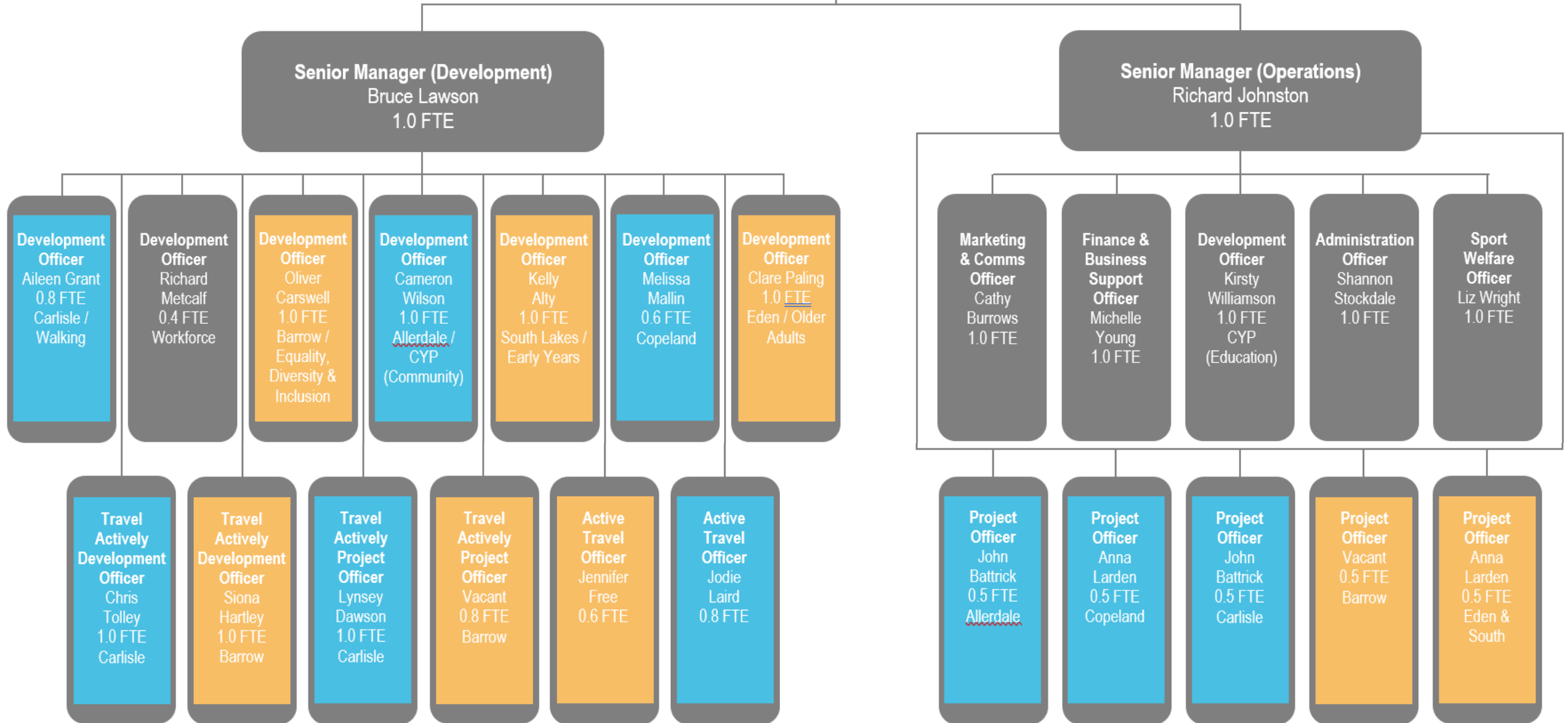




# Background – Staffing Structure

Active Cumbria  
Advisory Board  
(CC – Graeme Wilson)

County  
Westmorland & Furness  
Cumberland



# ••• The 5 Year Plan and Implementation Plan

The 5 Year Plan covers the period April 2021 – March 2026

Alignment to National Policy for Physical Activity and Sport and linked to local plans and strategies, including new draft Council Plans

Focused on:

- Reducing health inequalities
- Increasing levels of physical activity
- Targeted and place-based approach

Implementation Plan (April 2022-March 2025):

- Cumbria
- Localities





# Oliver Carswell Development Officer Furness





# ●● Priority Places

As part of our strategic five-year plan, we identified over forty lower super output areas that we wanted to make a concerted effort in focusing on, of which, ten were in Barrow.

Phase 1 from April 2022 to April 2023 was to focus specifically on the four LSOA's that were within Central Ward.

Phase 2 from April 2023 to April 2024 was to include the three LSOA's from Hindpool, taking the total to seven.

These were prioritised based on various data sets that determine deprivation and physical activity levels. Additionally, this aligns us with other key stakeholders within Furness.



# Active Lives Survey

**Volunteered** to support sport and physical activity **twice in the last 12 months**



**Overall years 5-11**  
**38.1%** compared to England **32.7%**

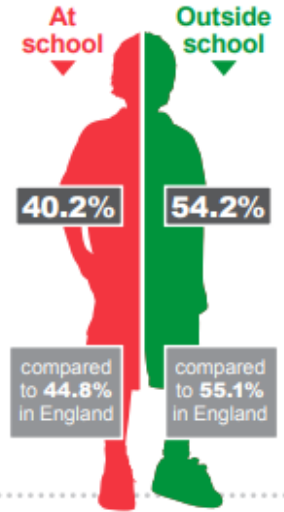
## Key Findings

- 1 Nationally, activity levels remain unchanged compared to 12 months ago, although they're up compared to 5 years ago.
- 2 Physical literacy (as measured by positive attitudes) continues to recover but remains down compared to 5 years ago.
- 3 We continue to see a positive association between activity levels and mental wellbeing.
- 4 The % of CYP regarded as being inactive in Westmorland & Furness has reduced by 3.1% compared to last academic year to 29.5%, and this figure is now below the national average of 30.2%
- 5 Volunteering levels have shown a significant increase in W&F area in the last 12 months, up 14.8% from last year to 38.1%, significantly above the national average of 32.7%.

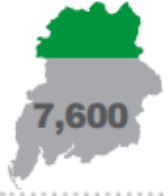


## Sport and Physical Activity Levels

The percentage of children that are meeting the new Chief Medical Officers recommendations of 30 minutes of their daily physical activity through the school day and 30 minutes outside of school.



children and young people in Westmorland & Furness are meeting the new Chief Medical Officers recommendations of doing an average of 60 minutes activity every day = **47.6%**  
 compared to **47.0%** in England



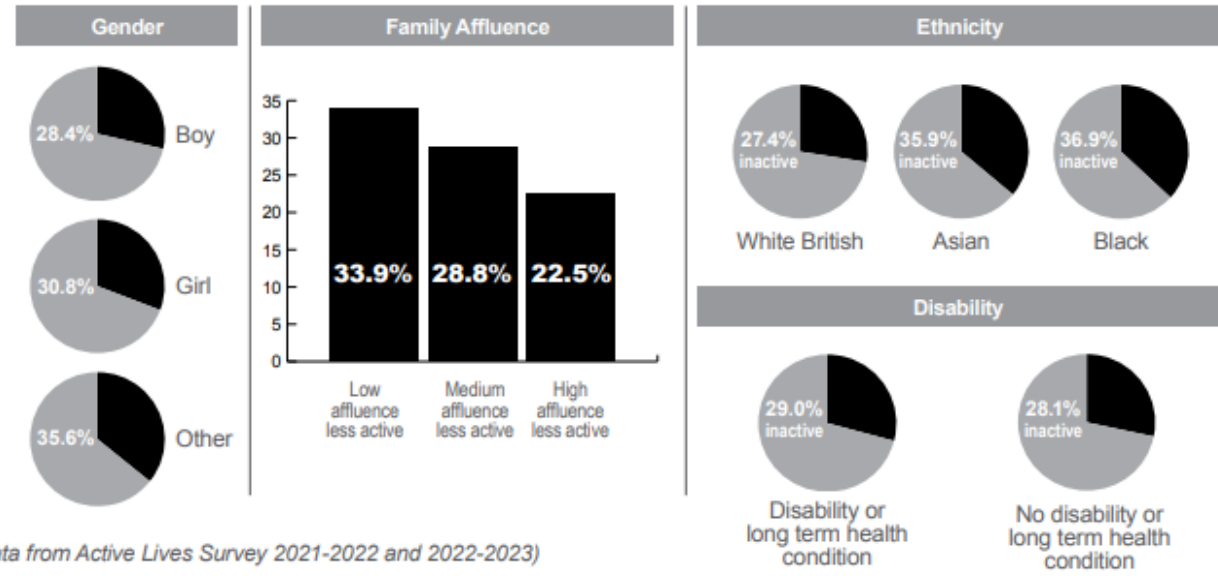
children and young people in Westmorland & Furness are doing an average of less than 30 minutes of activity every day = **29.5%**  
 compared to **30.2%** in England



**67.1%** of children in Westmorland & Furness can swim 25m unaided compared to **57.6%** in England



## Inequalities in participation - less active every day



(Data from Active Lives Survey 2021-2022 and 2022-2023)

Government study led by Sport England.

As of April 23, we will only receive reports for the two unitary authority areas.





# •• Together Fund

Sport England Fund that was created in the aftermath of the covid pandemic to support community organisations and bring people from key target audiences together to reignite their physical activity levels, reduce social isolation, and improve mental wellbeing.



10 projects in the past 12 months

Total of £42,793 secured for projects in Furness





# •• Opening Schools Facilities Fund

Department for Education fund to support schools open their existing facilities beyond the school day and term, for a broader range of young people and the wider community to engage in physical activity.



Total of **£110,504** granted to 5 schools across two rounds



St. James' Juniors will be added to the third funding round



# •• Shared Prosperity Fund

E10 element of the fund for local sports facilities, tournaments, teams, and leagues, to bring people together. Capital component focuses on sports clubs making their facility more accessible.

Revenue component focuses on increasing the number of tournaments, festivals, and events to increase participation levels.



Two capitals projects and 2 revenue projects, to a total of **£36,171**

A larger and longer phase of the programme began in Nov 23 that will last until Mar 25.





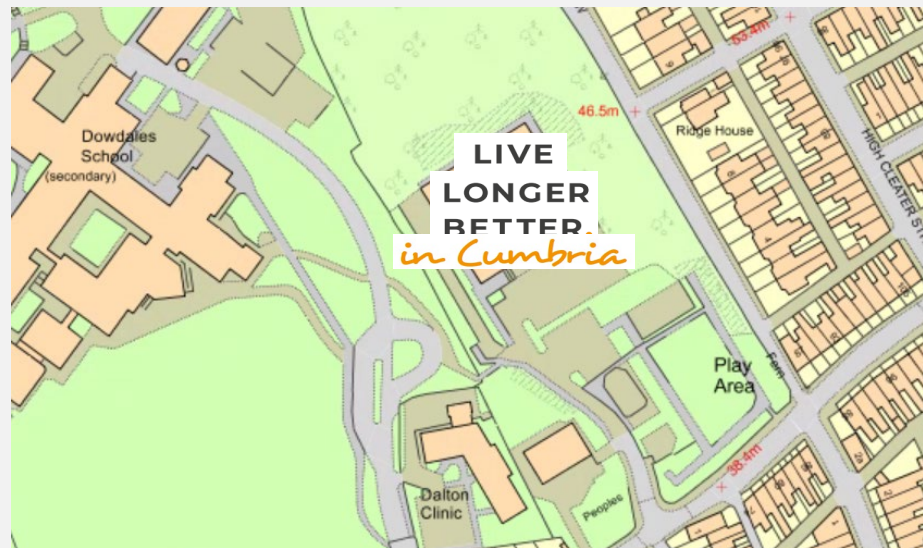
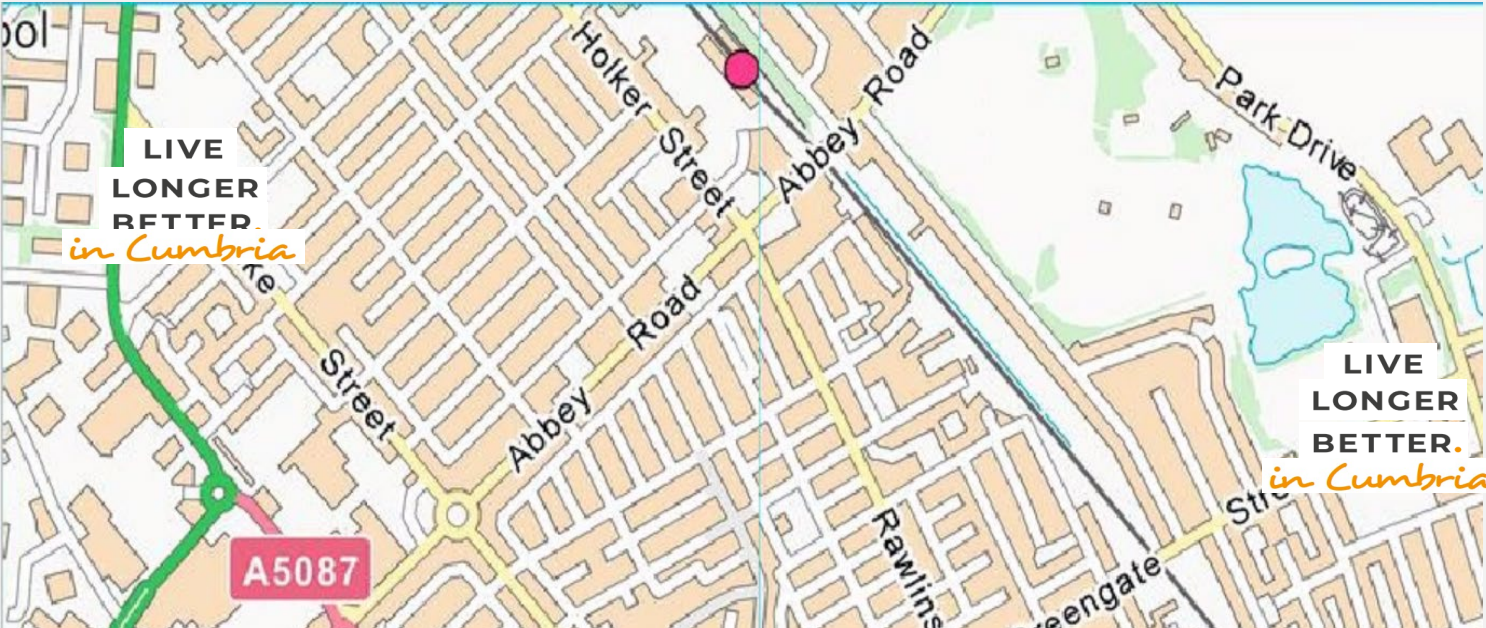
# •• Reconditioning Fund

Secured through Public Health England to help meet the aims of the Live Longer Better in Cumbria programme.

Any applicants must complete a series of bitesize e-learning courses to ensure all deliverers are aligned to the Live Longer Better message.

**3**  
projects in  
the past  
12  
months

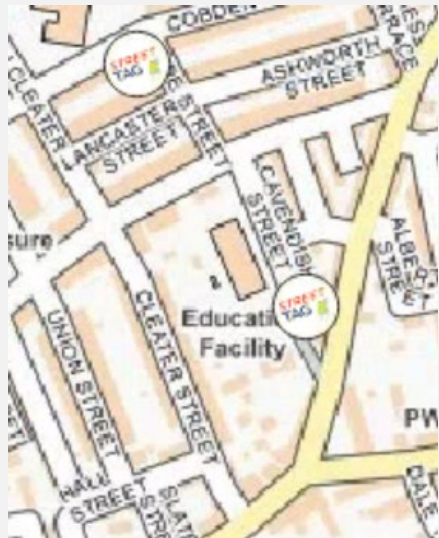
Total of **£19,348**  
to projects in  
Furness





# •• Street Tag

School based programme concluded in December 2023 and made way for a new format for 2024. The new format is now open to teams from workplaces, community organisations, sports clubs etc.



Teams compete on one of two leader boards that match the unitary authority footprints and try to get the highest average score per player.





Schools  
126



Participants  
6,301



Steps  
1,900,000,000



Miles travelled  
2,143,919



Tags scanned  
3,211,560

### Demographics

61% females  
38% males  
1% transgender

18% of players have long term health conditions

70% of survey respondents do not take part in any other form of organised physical activity

49% of players reside in areas of high deprivation (IMD 1-4)



### Walking Behaviour Change

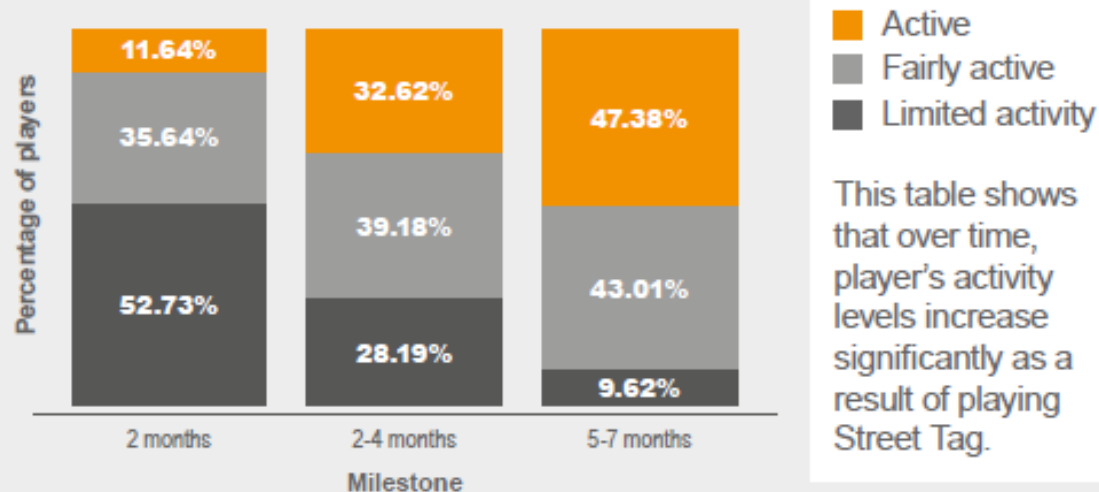
+3.5% in players using walking as a way of travelling actively to 95% (856) in total

+3.66% in players walking 5 or more days per week to 93% (838) in total

+6.66% in players walking 30 minutes or more per week to 84% (757) in total



### Activity Levels by Time Playing Street Tag



### Cycling Behaviour Change

+8.66% in players using cycling as a way of travelling actively to 21% (190) in total

+8.33% in players cycling 5 days or more per week to 44% (397) in total

+8.66% in players cycling for 90 minutes a day or more to 72% (649) in total





# •• Rambler's Wellbeing Walks

Free Walk Leader training for individuals and organisations, so they can deliver low level wellbeing walks that focus on the social benefits of group walking, just as much as the physical and mental benefits.

58

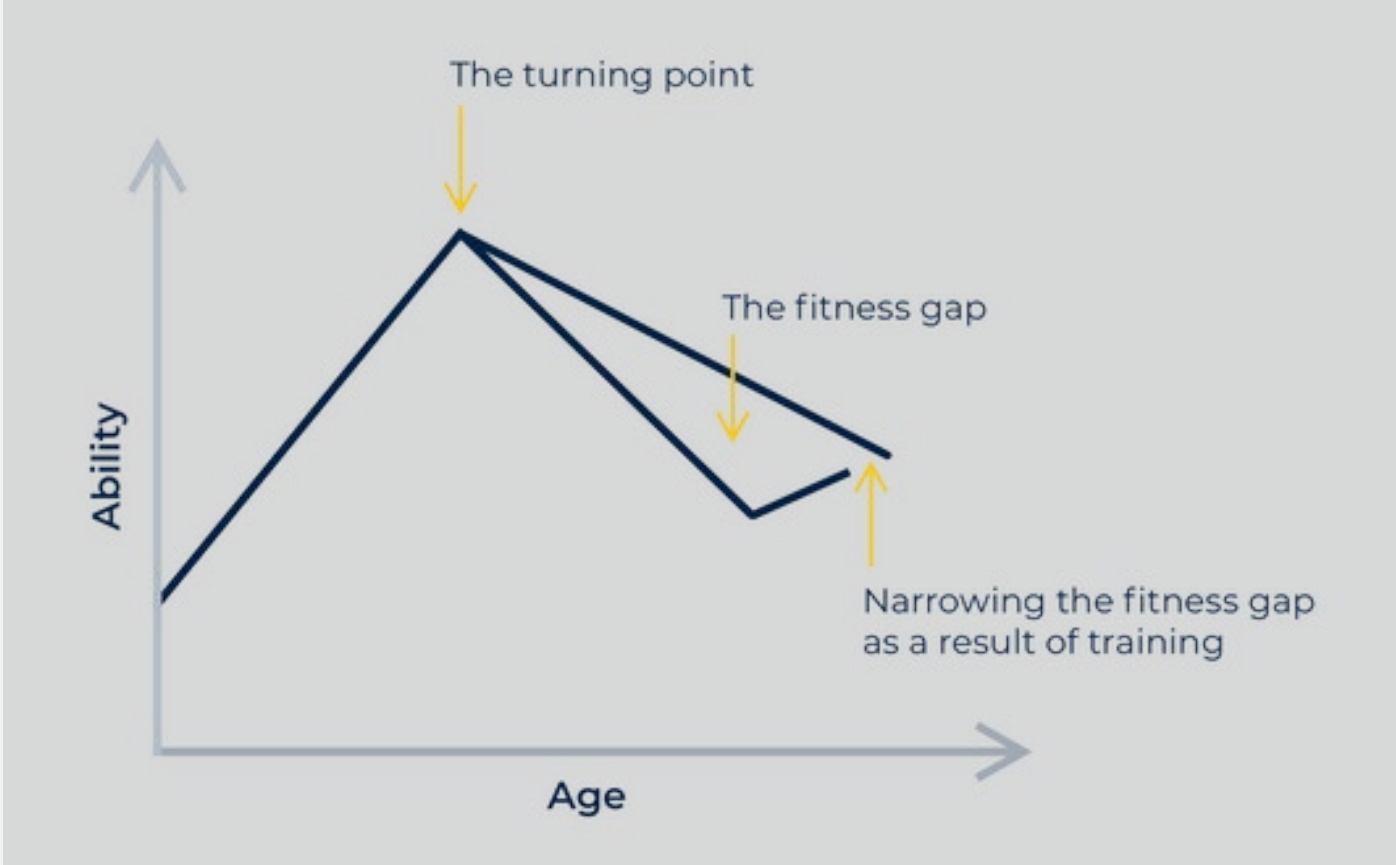
10 active walk leaders delivering regular wellbeing walks in Furness.



# •• Live Longer Better in Cumbria

Led by Sir Muir Gray, a revolution is underway to enable people to live longer better, reduce the need for health and social care and reverse the effects of lockdown.

59  
The aim is to increase physical, cognitive, and emotional activity in older adults and those with long term health conditions. As well as training health professionals, and physical activity and movement providers to align to the LLB agenda.



**16** engagements with partners reaching **670** people and **41** people have completed the e-learning courses.





# ●● Active Start

Originally funded through Sellafield, the programme aims to inspire and increase activity levels in the early years through structured activity and active play, by upskilling practitioners, teachers and families.

09

Children between 1-5 should be active for at least 180 minutes a day. Only 9% of boys and 10% of girls achieve this nationally.



**14** settings in Furness have received the training.







# Siona Hartley

## Travel Actively Development Officer

### Barrow-in-Furness



# ●● Travel Actively

The three-year pilot project aims to support, encourage and enable people to be more active by cycling, walking and wheeling for everyday journeys.

23

‘Travel Actively’ has received £1.5million from the Department for Transport (DfT) Active Travel Social Prescribing Pilot Delivery fund.

Cumbria (Barrow and Carlisle) is just one of eleven local authorities in England to have been awarded a share of £12.7million.



# Barriers

---

Concerns about road safety and collisions

---

Cycle theft

---

Personal safety

---

Street environment not pedestrian friendly



---

Affordability/repair costs of bikes

---

Workplace not set up for employees cycling to work

---

Behaviour of motorists

---

Key locations not geared up for cyclists to safely lock/store bikes

---

Not enough benches to rest along key routes

---

Confidence

---

Time and convenience





# ●● Feasibility Study

ATSP Core Team

Promotional Activity

Monitoring, Evaluation and Learning – Data Collection and Support

Marcomms Support

Digital Innovation

Cycle Loans and Hire Schemes

64

Cycle Procurement/Scheme Administration and Cycle Maintenance

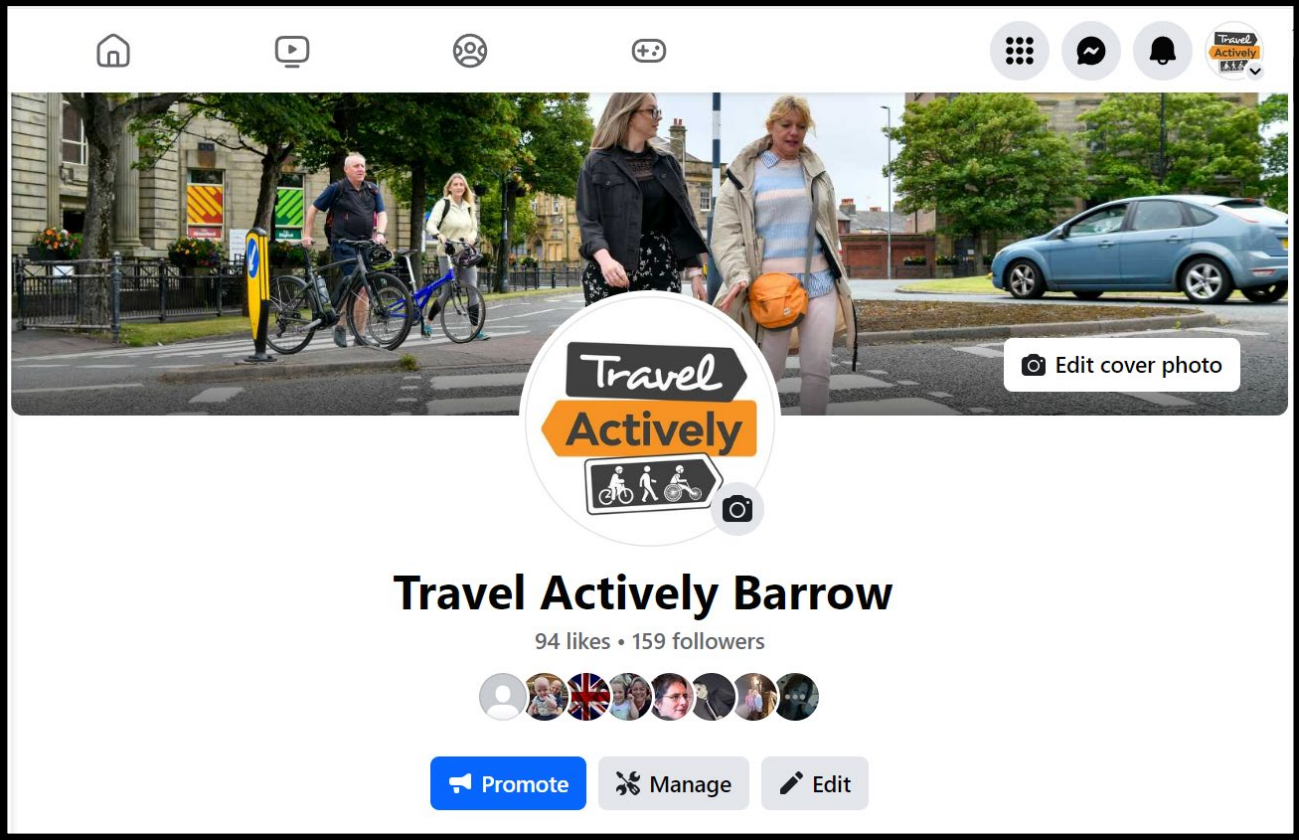
Cycle Storage

Walk Leader Training

Walking for Health Groups

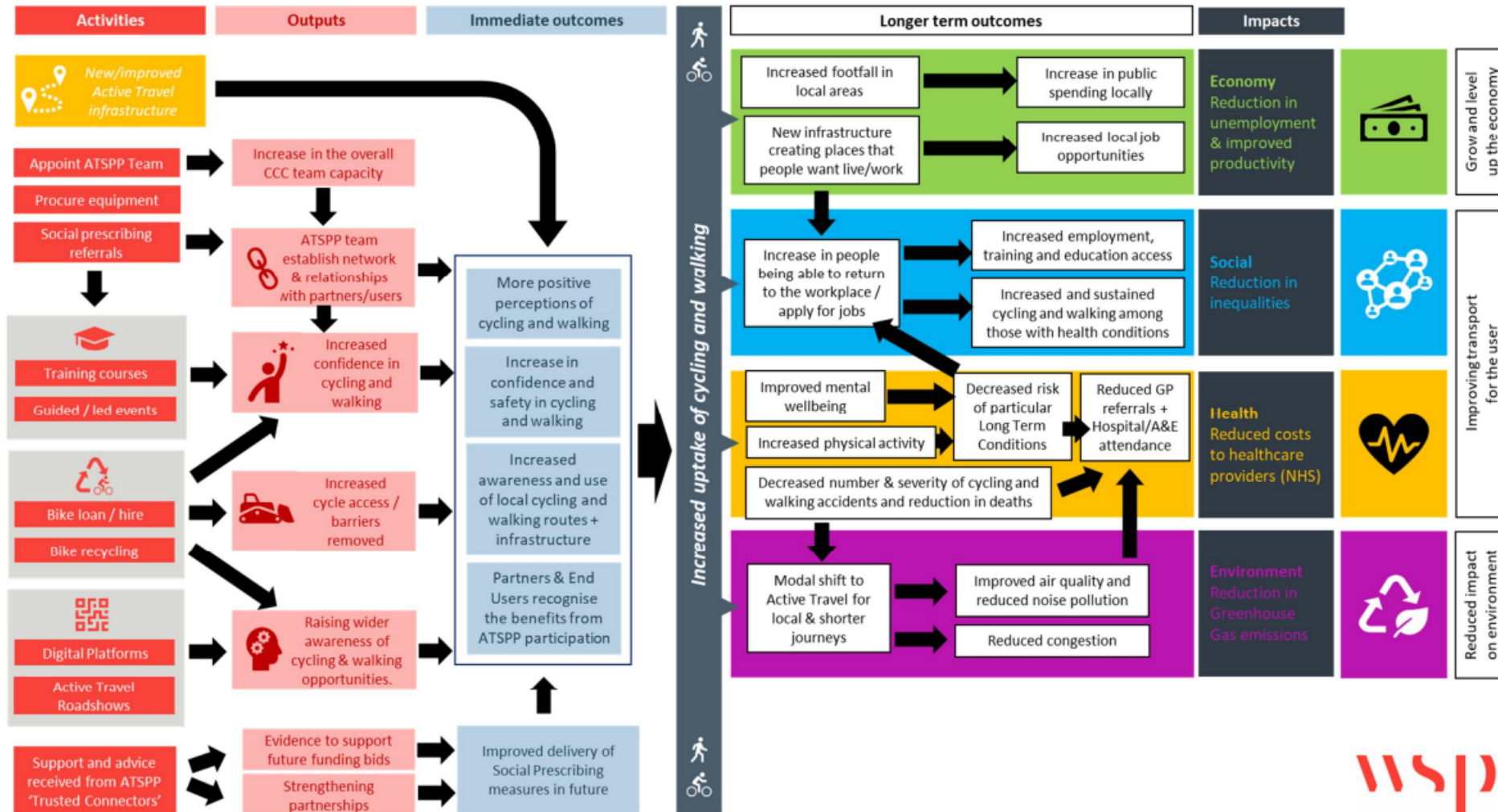
Adult Cycle Training

Ride Leader Training



# Theory of Change

Figure 3-2 - ATSP Theory of Change (Logic Model)



# Year 1 - Foundations

66

Governance structure	M and E process developed	Marcomms strategy
Travel Actively £250K Fund launched	Extensive partner engagement	Website development
Logo, merchandise and promotional materials	6 major events attended	14 ride leaders trained
9 new walk leaders trained	12 bike maintenance trained plus 1 Cytech	3 new weekly walks
Weekly repair workshop	12 bike confidence sessions to 96 individuals	10 regular volunteers

**1 TAF awarded**  
**1 in later stages**  
**2 recent applications**  
**14 initial proposals**





# •• Travel Actively - Year 2 – Scale Up and Support

- Social Prescriber referrals
- GP referrals – BF
- Wheels for All
- Behaviour change strategies
- Workforce development
- Substantial offer – walks/led rides/bike confidence
- Mapping of provision – join the dots



- Attend/support 10 major events
- Social media presence
- Infrastructure development
- TAF – support with projects
- Website launch
- E Bike library
- Bikes on prescription
- Bike repurposing

Travel  
Actively



# •• Travel Actively -Year 3 – Embed and Sustain



68

"The new infrastructure will create 2.1 miles of separate space for cyclists, pedestrians and motor vehicles on Abbey Road between Ramsden Square and the Park Drive junction, and a continuous active travel route on Walney Island, between Jubilee Bridge and Earnse Bay."







# Jennifer Free Active Travel Officer (W&F)





Active Cumbria's Active Travel to School team is committed to improving lives through physical activity and supports active and sustainable travel approaches for children, parents and carers across the county.

## What are the benefits of active travel?

- An increase in daily physical activity to improve the health of children, families and carers
- Active travel can improve the mood of children arriving to school refreshed, alert and ready to learn
- Active travel can help children gain a better understanding of road safety and promote a feeling of independence
- A reduction in traffic congestion and air pollution on the school journey and around the school gates

# Active Cumbria Five Year Plan 2021-2026

Mission of “improving lives through physical activity”

## *Headline outcomes for communities*

**Outcome 1:** Increased levels of physical activity has reduced health and wellbeing inequalities across Cumbria

**Outcome 2:** Increased levels of physical activity has contributed to a reduction in the carbon footprint across Cumbria

Strategic objective: Active Cumbria will

Success in 2026 will be

a. Support schools and parents to adopt active travel approaches as the preferred mode of transport for children to get to and from school.

More children and young people are regularly using active modes of transport to travel to and from school.

b. Support a range of other settings including workplaces to adopt active travel approaches.

More adults are regularly using active modes of transport in their everyday lives.

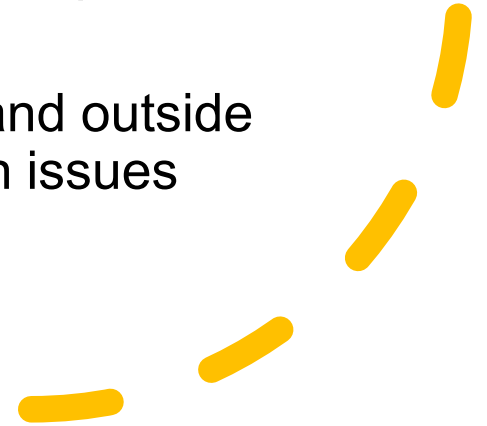
**Outcome 3:** Physical activity is recognised as a priority in improving people’s lives





## **The Active Travel to School team supports a range of initiatives to help children and schools incorporate active travel into their daily journeys**

- Feet First Campaign
- Bikeability training
- Amplify national campaigns (Clean Air Day, Walk to School Week)
- Implement targeted strategies: School travel plans, parking pledges, walking bubbles
- Work with colleagues across the council and outside partners to tackle school traffic congestion issues (Highways and Traffic team, PCSOs)





# A 5-day active travel challenge for one week each school term



This initiative hopes to embed regular active travel habits on the school run in an achievable format for schools and parents to engage with. All participating children receive a free bookmark and small individual prize.



Our goal is to affect real behaviour change and support schools to make active travel the natural choice for school journeys, as well as promoting the successes of those schools who already do a great job.



Participating schools are invited to complete an end of year annual survey for prizes. This survey allows insights to be gathered around the success of the initiative, barriers to participation and enable continual improvement of active travel offers to encourage a long-term modal shift.

# Resources

	Monday	Tuesday	Wednesday	Thursday	Friday	TOTALS
Walking						
Cycling						
Scooting/Skating						
Wheelchair/Mobility Aid						
Park & Stride/Walking Bus						
Car Share						
School Transport						
<b>TOTALS</b>						

74

	Monday	Tuesday	Wednesday	Thursday	Friday	TOTALS
Walking						
Cycling						
Scooting/Skating						
Wheelchair/Mobility Aid						
Park & Stride/Walking Bus						
Car Share						
School Transport						
<b>TOTALS</b>						





# 2023 - 24 Events Calendar

75

SEPTEMBER 2023							OCTOBER 2023							NOVEMBER 2023								
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun		
			1	2	3					1	2	3	4	5				1	2	3	4	5
4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24		
25	26	27	28	29	30		23	24	25	26	27	28	29	30	31							

DECEMBER 2023							JANUARY 2024							FEBRUARY 2024						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3		1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31					29	30	31					26	27	28	29			

MARCH 2024							APRIL 2024							MAY 2024						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3		1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31					29	30						27	28	29	30	31		

JUNE 2024						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2		
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**World Car Free Day 22nd Sept.**  
All around the world towns and cities allow people to experience streets free of traffic.

**Sustrans Cycle to School Week 25th Sept - 29th Sept**  
Bike to School Week is a week-long event across the UK to encourage families to cycle and scoot to school. It's a great way to celebrate the huge benefits an active school run brings.

**Autumn Term FEET FIRST Active Travel Challenge 16th - 20th October 2023**

**Spring Term FEET FIRST Active Travel Challenge between 18th to 22nd March 2024**

**Sustrans Big Walk and Wheel 18th March - 29th March**  
Sustrans Big Pedal is the UK's largest inter-school cycling, walking, wheeling and scooting challenge. It aims to inspire hundreds of thousands of pupils, staff and parents to get active on the school run.

**Summer Term FEET FIRST Active Travel Challenge 20th - 24th May 2024**  
Take part in our competition to Get Active during Walk to School Week.

**Walk to School Week 20th - 24th May**  
Walk to School Week is the greatest week-long celebration of the walk to school.

**Clean Air Day 20th June**  
Clean Air Day is the UK's largest air pollution campaign, engaging thousands of people at hundreds of events, and reaching millions more through the media.

**KEY**  
National Events  
Active Travel Termly Challenge  
Cumbria School Holidays

**Contact Us for more information**  
If you would like to find out more about any of our initiatives, please contact our Active Travel to School Team: [activetravel@activecumbria.org](mailto:activetravel@activecumbria.org)

jodie.laird@cumberland.gov.uk  
Cumberland

jennifer.free@cumberland.gov.uk  
Westmorland and Furness



# WALK TO WELLBEING

## 5 Ways to Wellbeing

Building small actions into your daily life can make you feel good and feeling good is an important part of being healthy.

### BE ACTIVE

There are lots of ways to be active but walking or wheeling is one of the simplest activities to fit into your day.

- You could walk or wheel:
  - to and from school
  - to the shops
  - to the park



### CONNECT

Here are some ways you can use your walk to connect with others.

- Say hello to someone on your walk.
- Tell someone about the things you see and do on your walk.
- Why not sign up for Street Tag and see how many points you can gather on your walks?



### TAKE NOTICE

- Fill in your bingo card while you're out walking - you don't have to do this all at once.
- Try a different route to school. How many new things can you spot?



### LEARN

- Find out something about your local area on your walk to school.
- Can you follow your route on a map? How about learning what the different symbols mean?



### GIVE

- How could you be helpful? - perhaps you could pick up some litter on your walk.
- Keep a friend company who might not like walking - it will be more fun together.



We have signed up to the:

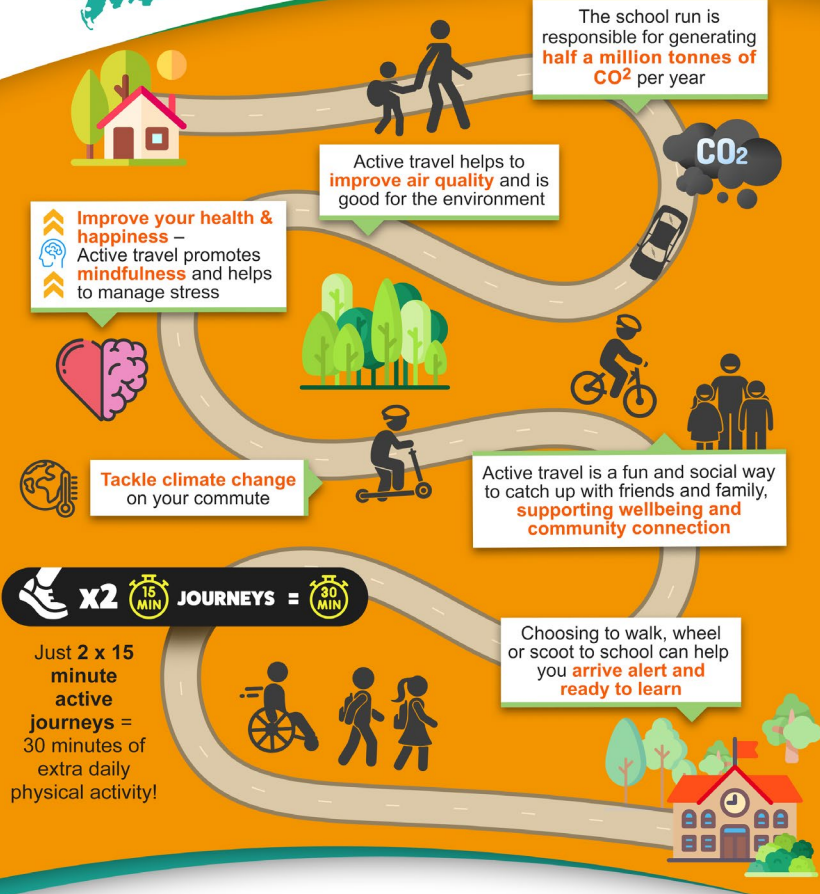
# Safe Parking Pledge.

Think before you Park

active Cumbria  
Cumberland Council  
Westmorland & Furness Council



Transform your journey, improve your day and care for your community.



For more information on Active Travel and how you can transform your school commute contact: [activetravel@activecumbria.org](mailto:activetravel@activecumbria.org)

Be part of it!





A 5-day active travel challenge for one week each school term

### Annual Participation Increase

	Total schools		Total individual pupils	
	2022-23	2023-24	2022-23	2023-24
All Cumbria	<b>35</b>	<b>72</b>	<b>4,894</b>	<b>10,686</b>
W & F	18	34	2,091	4,311
Furness	6	10	870	1,479

76







**£265,016**  
 Cumbria Bikeability grant allocation for 2024/25 delivery from Active Travel England

**5<sup>th</sup>**  
 Cumbria in top ten of 109 LHAs for 2022/23 delivery

Active Travel  
**Bikeability**  
**Cycle Training**  
 Cycle Training  
 across Cumbria



The Active Travel to School team are very proud of our delivery record of cycle training to schools across Cumbria. All primary school children are offered Level 1 & 2 cycle training in Key Stage 2, with additional funding available for Level 3 training for secondary school students. Training is delivered by our highly experienced partner Cyclewise. In addition to valuable cycle skills, **Bikeability enhances the health and wellbeing of children in the following ways:**

Cycling is a fantastic **low impact activity** that can help children achieve physical activity targets

Cycling can help with **wellbeing** and enable children to arrive refreshed, alert and ready to learn

Cycling can help children **gain confidence** after achieving a new skill and a greater sense of independence as they continue cycling as teenagers and beyond.

**Junior Cyclist Feedback**



98% Enjoyed the training



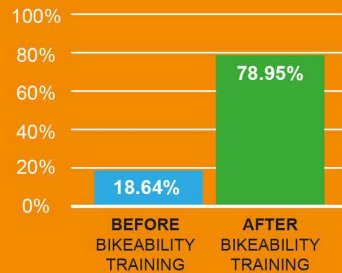
98% Said they would cycle more often after completing the programme



**91%**

91% said they had learnt a lot about cycle safety.

**78.95%** of parents surveyed evaluated their child's cycling ability and road safety awareness as **Good or Excellent** after Bikeability training



"My child enjoyed this course and it gave him a lot of confidence. It also encouraged us to practice more as a family."

"I loved all of the work it was very fun and our instructor was great. I love being on my bike now."

"Cyclewise are fantastic at what they do. The instructors always go above and beyond each time they visit our school setting."



**Bikeability Course Rating**  
 School Feedback

**1421**  
Level 1

**1345**  
Level 2

**2817**  
Level 1/2

**293**  
Level 3

**278**  
Balance

**13**  
Family

**Summary Delivery Figures**  
 2022/23



**218**

Total number of schools that received training 2022/23

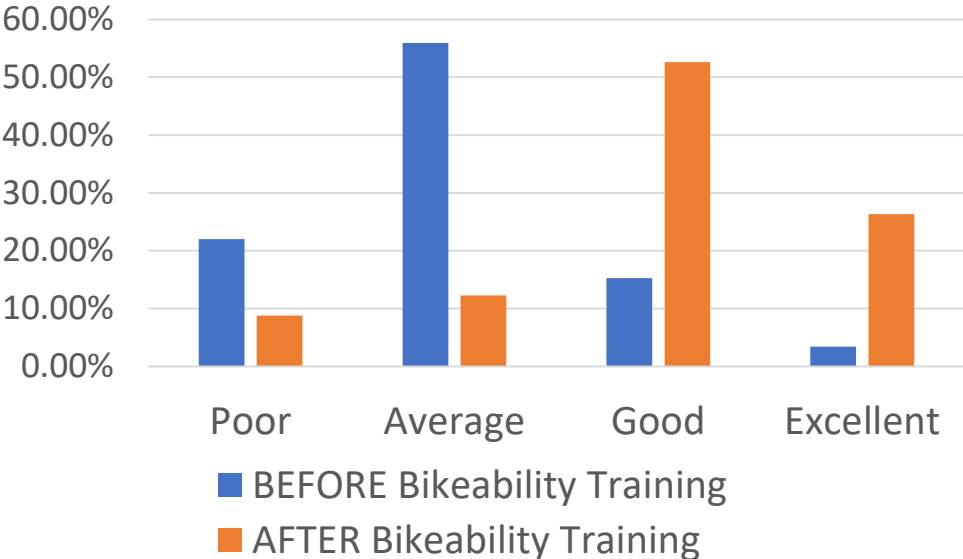
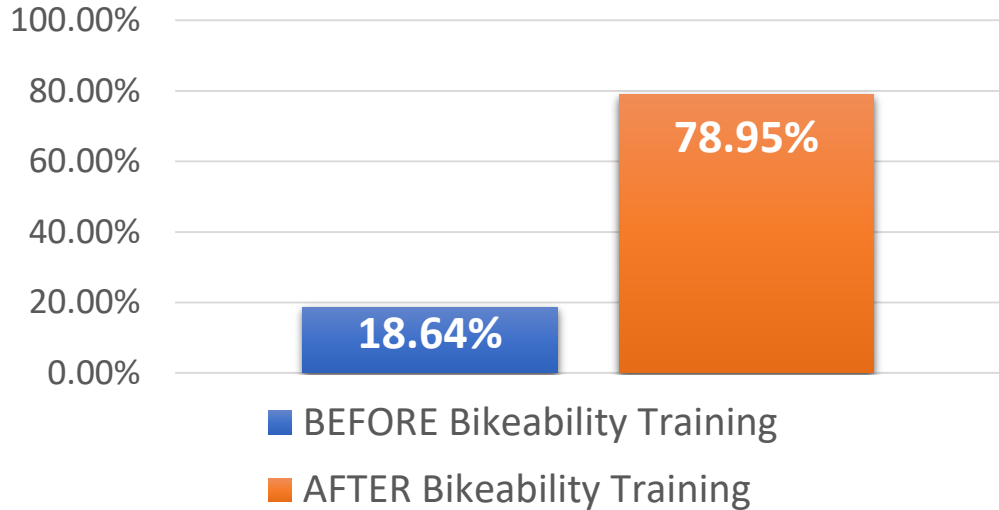


# Bikeability Survey Results

78.95%\* of parents surveyed evaluated their child's cycling ability and road safety awareness as **Good** or **Excellent** after Bikeability training

Parents rated their child's cycling ability and road safety awareness **higher** after Bikeability training

78



\*Bikeability Survey Results Academic Year 2022-23



# School Streets



## What are School Streets?

School Streets schemes introduce a temporary restriction on traffic, making roads outside schools into pedestrian and cyclist zones at school drop-off and pick-up times during term time.

A School Street is the name given to a closure of a road(s) immediately outside a School by way of a temporary restriction imposed on motorised traffic at school drop-off and pick-up times. This signed restriction would apply to all motorised traffic, but residents with properties on the road(s) affected would be exempt, together with the emergency services and necessary school transport and school deliveries.

## How long do the motorised restrictions apply?

Traffic will be restricted for up to an hour at school drop-off and pick-up times in the morning and afternoon during term time. This will allow the roads covered by the School Street restriction to become a temporary walking, wheeling, scooting, and cycling zone and encourage active travel to school.

## How long do School Street schemes last?

They are delivered under an Experimental Traffic Order, which can last up to 18 months. A decision will be made within this period to either make the School Street permanent, make amendments, or remove by reviewing data collected during the experimental phase.

## Why are School Streets schemes being trialled in Cumbria?

Several School Street initiatives have been trialled around Cumbria to help reduce air pollution and keep children safe from traffic. Local Council Committees agreed to implement the experimental Traffic Regulation Order for some schools in their districts, with the aim of reducing traffic and improving air quality.

This scheme will help deliver the Council's priorities:

- To safeguard children and ensure that Cumbria is a great place to be a child and grow up
- To enable communities to live safely and shape services locally
- To support climate action to deliver a net zero carbon authority
- And to provide safe and well-maintained roads and an effective transport network.



# WAF School Streets Scheme

A School Street is where a road(s) is closed in close proximity to a school, at school opening and closing times, to make a traffic free environment.

This signed restriction would apply to all motorised traffic, but residents with properties on the road(s) affected would be exempt, together with the emergency services and necessary school transport and school deliveries.

This is to encourage active travel modes and improve the safety and environment immediately surrounding a school.

The Traffic Team working very closely with the Walking and Cycling and Active Travel to School teams have gone through a large list of all schools to consider which may be conducive locations for a School Street based on active travel interest of the school and traffic management factors.

A funding application was submitted to Active Travel England in November 2023 for Active Travel Fund 4 Extension funding. Funding was requested for delivery of a school street in each of the three LCWIP towns in Westmorland and Furness.

The schools were selected on the basis that are suitable for school streets and have previously engaged in active travel initiatives with the Active Travel to School team or who have communicated with us regarding congestion around the school.

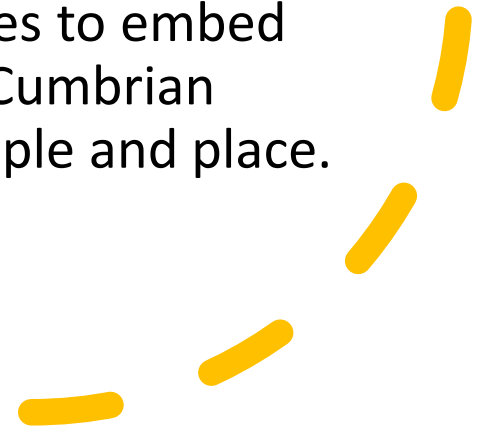
## WAF School Streets Scheme Furness Schools Identified

- Barrow-in-Furness Primary Schools
- Barrow Island Community Primary School
- Bram Longstaffe Nursery School
- Brisbane Park Infant School
- Dane Ghyll Community Primary School
- George Romney Junior School
- Hindpool Nursery School
- Newbarns Primary and Nursery School
- North Walney Primary, Nursery and Pre-School
- Ormsgill Primary School
- Roose School
- St Columba's Catholic Primary School



## Active Travel to School Parent Survey 2023

- Survey open for 5 weeks in November to December 2023
- Open to all parents and carers of children in nursery, primary or secondary school in Cumbria
- Aim: to build a detailed picture of local attitudes, barriers and enablers to active travel across Cumbria and allow us to better support schools and communities to embed active travel behaviours from a uniquely Cumbrian evidence base that accounts for both people and place.





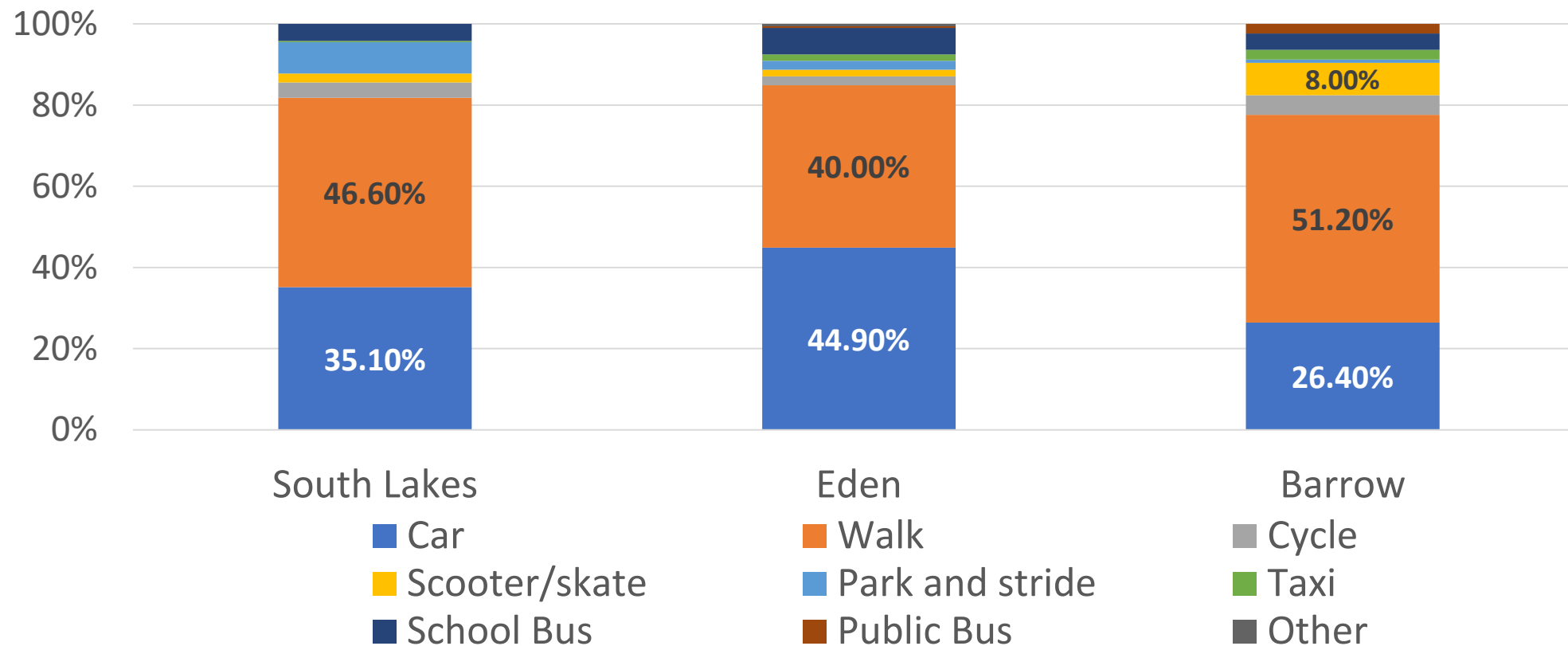
# Preliminary Survey Results

- Overwhelmingly high response rate.
- 2,319 respondents completed to the end of the survey allowing a large sample size for analysis.
- Parents/carers drawn from 249 schools.
- Larger sample of parents had children in primary school.
- Schools with high response rate will enable case studies to be drawn from both smaller and larger primary schools and secondary schools to allow individual pictures to emerge.





## WAF – How children travel to primary school on most days



## Distance from home to Primary School

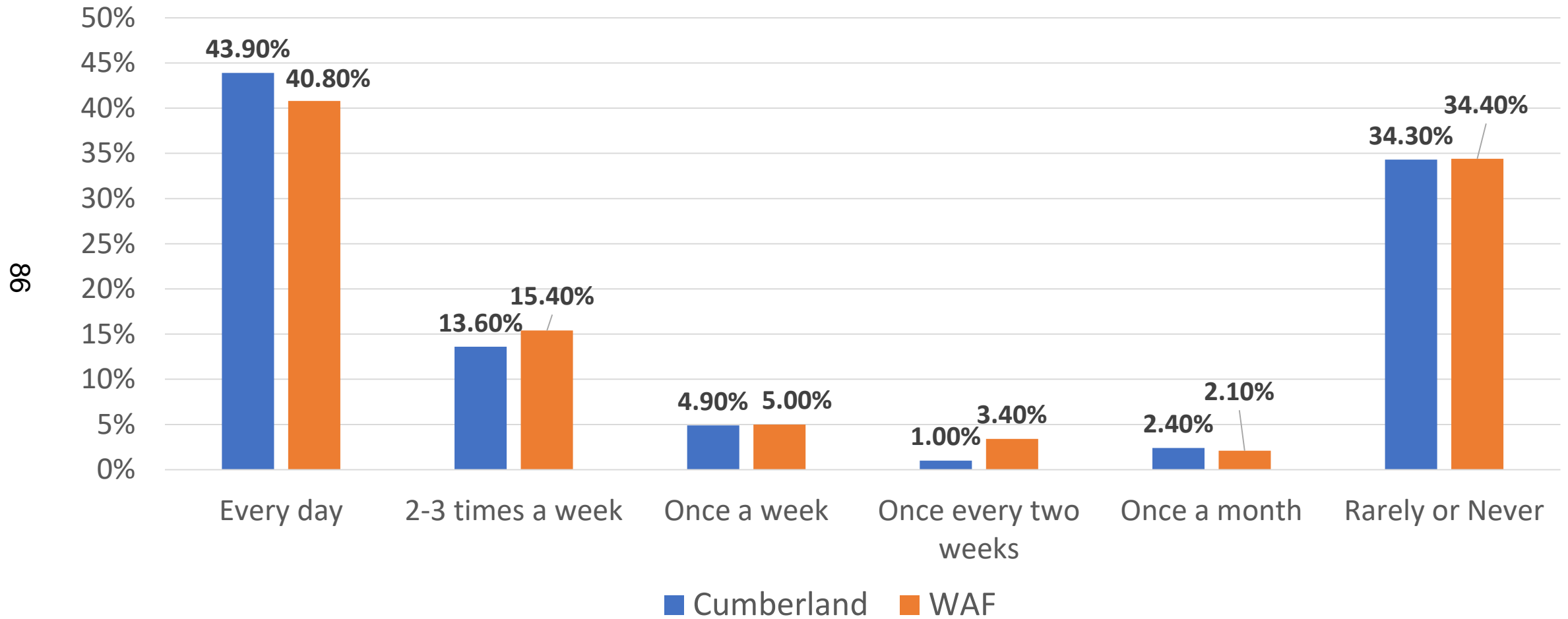
<b>Cumbria</b>		
	<b>Cumberland</b>	<b>WAF</b>
0 to 400 metres	12%	11.60%
0.25 to 0.5 miles	<b>25.30%</b>	<b>23.30%</b>
0.5 to 1 mile	<b>23.60%</b>	<b>24.70%</b>
1 to 1.5 miles	<b>11.60%</b>	<b>12.80%</b>
1.5 to 2 miles	7.30%	6.70%
2 to 3 miles	7.10%	5.10%
3 to 5 miles	6.30%	9%
over 5 miles	6.90%	6.70%
Total respondents	<b>100%</b>	<b>100%</b>

84

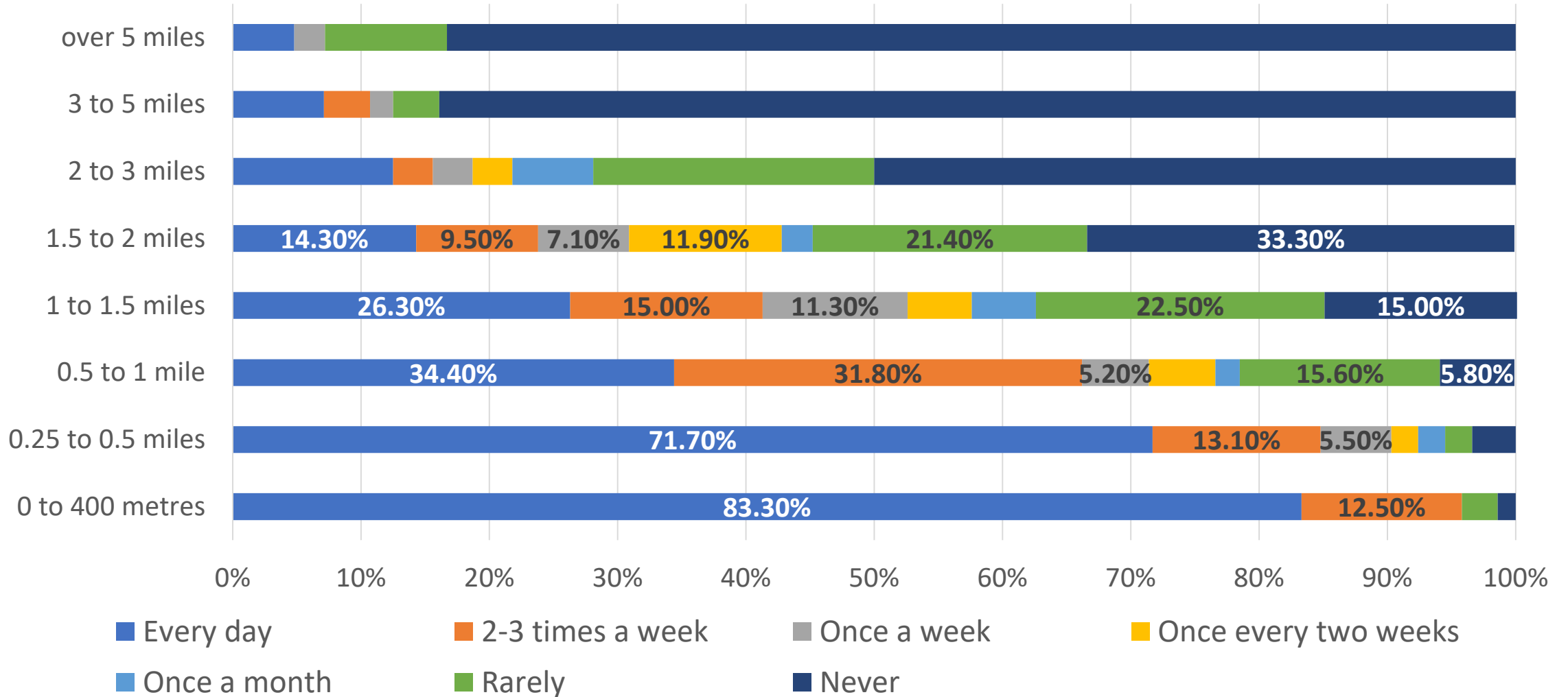
	<b>Within 1 mile</b>	<b>Up to 1.5 miles</b>
<b>Cumberland</b>	60.90%	72.50%
<b>WAF</b>	59.60%	72.40%



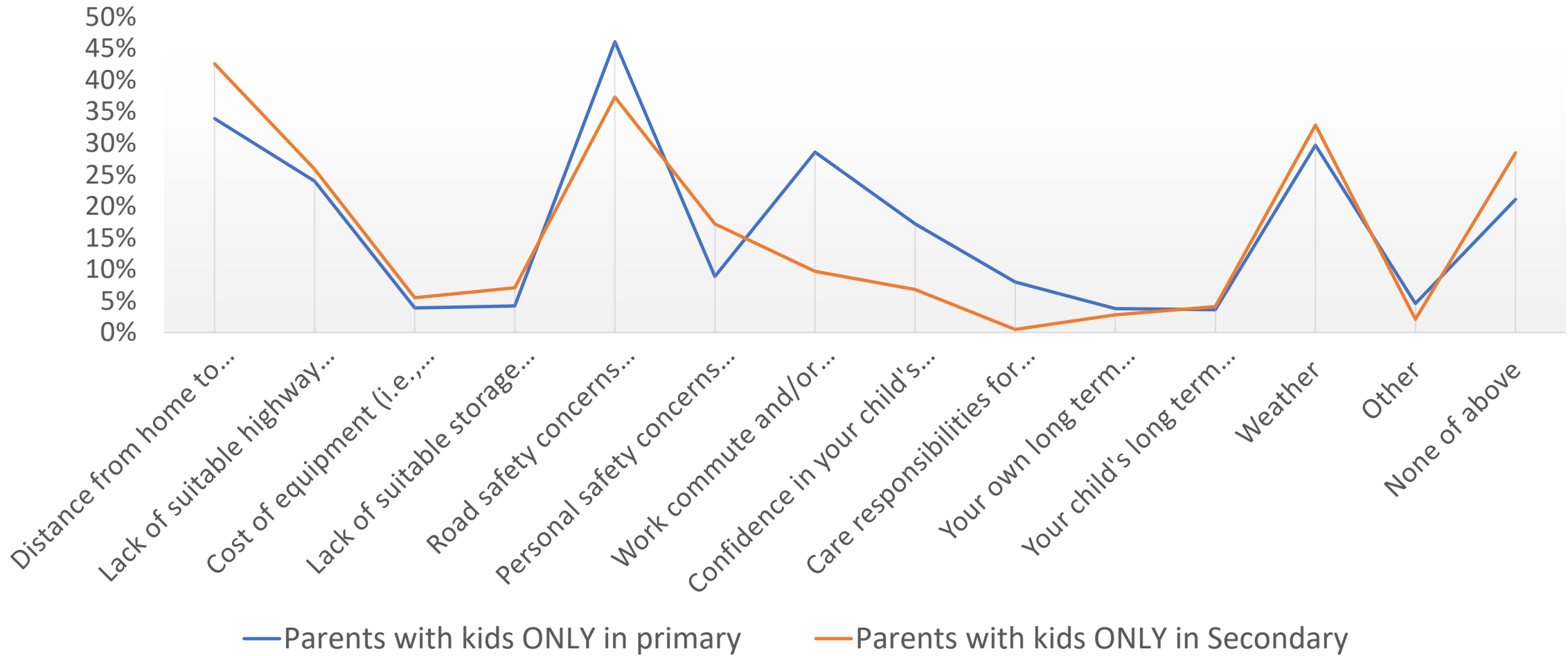
# How frequently does your nursery or primary school aged child walk, wheel or cycle to school?



## WAF Active travel frequency versus distance home to school

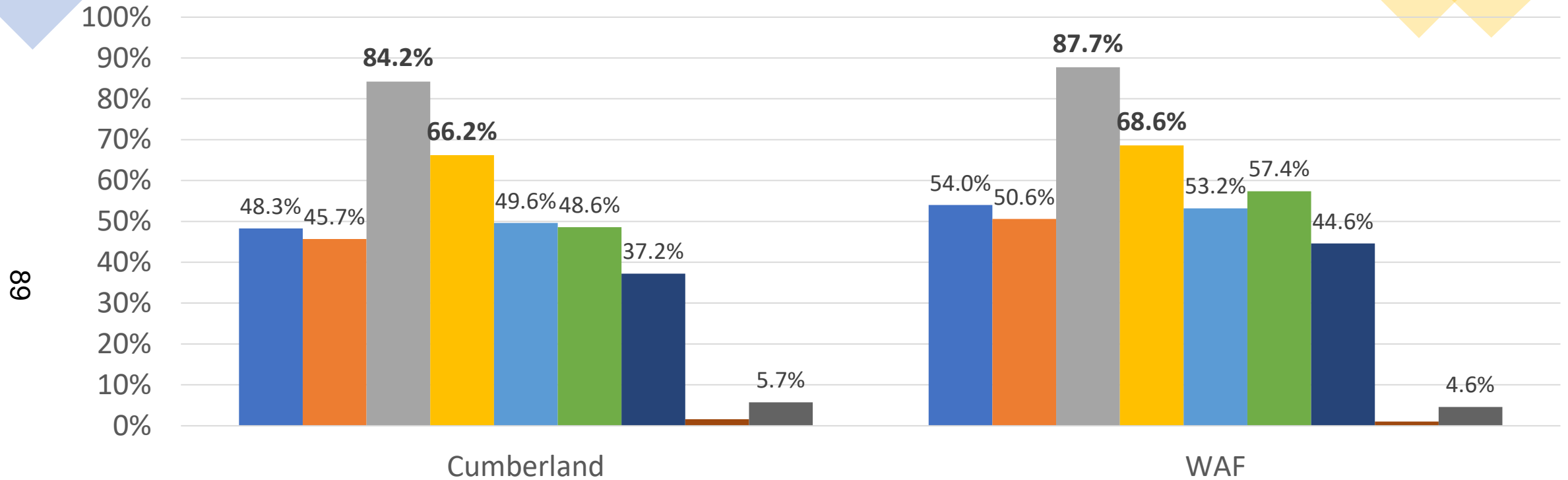


## Change in perceived barriers to active travel with school age - Cumbria





## Benefits of active travel that are important to parents



- Reduction in traffic congestion around the school gates
- Increases levels of physical activity and health
- Improve road safety skills and confidence
- Time to connect with children and community
- None of above

- Children arrive to school alert and ready to learn
- Mental and emotional health benefits
- Reduces carbon emissions and air pollution
- Other

# •• Thank You

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